

Echoes from the Beginning: How Galaxies Encode the Early Universe

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1964, New Jersey
Bell Telephone Labs



New York Times

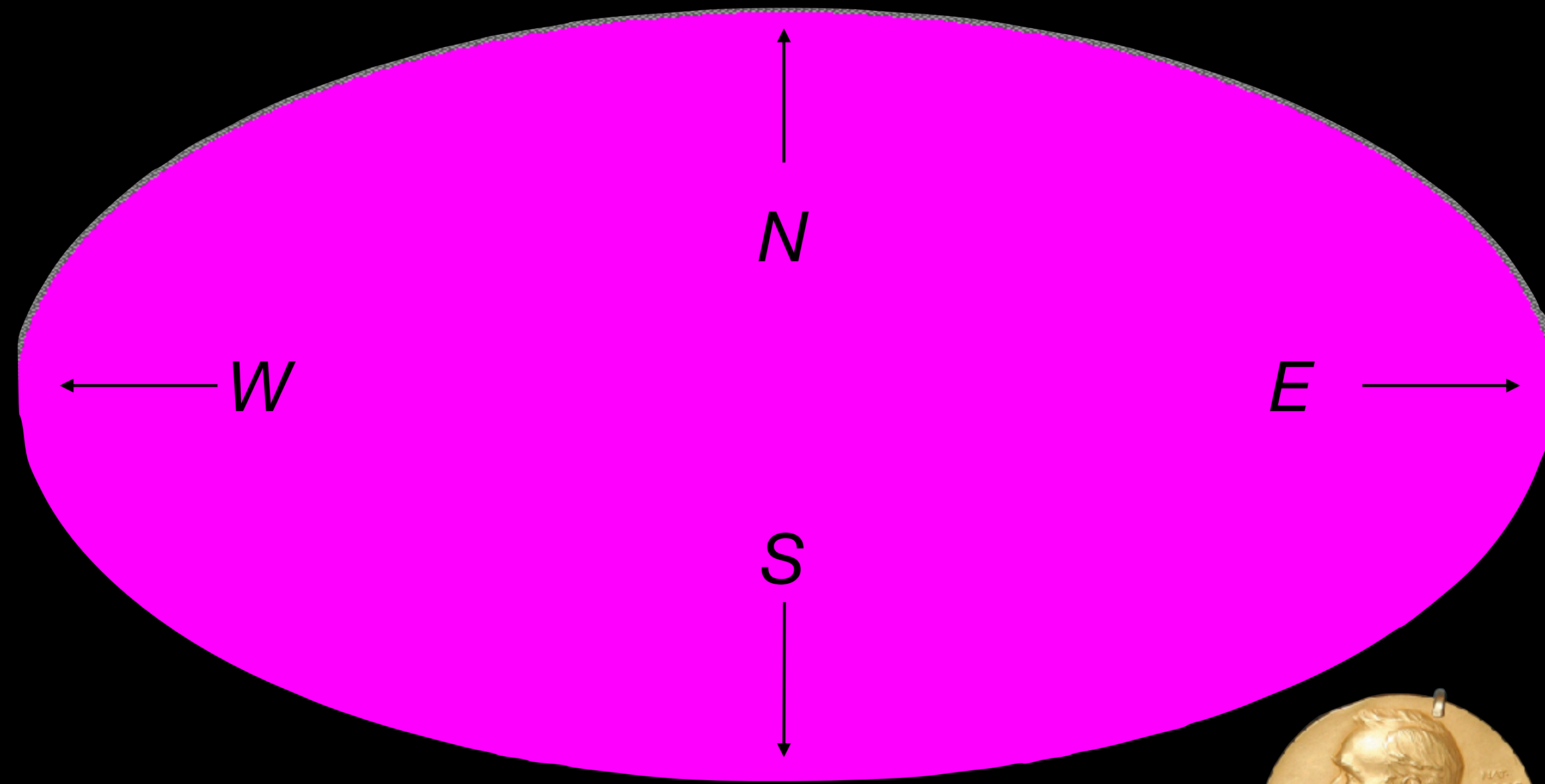
A cosmic mystery

In 1964, Arno Penzias & Robert Wilson found a **glow** of radio waves from all directions

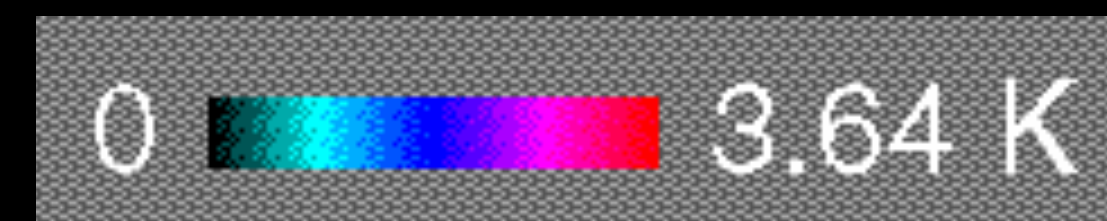
Wavelength: 3 inches (7 cm)

Equivalent temperature: 2.7 Kelvin

($\approx -455^\circ\text{F}$)



This is the **Cosmic Microwave Background (CMB)**



Nobel Prize, 1978

A brief history of the Universe

Today



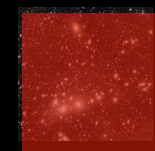
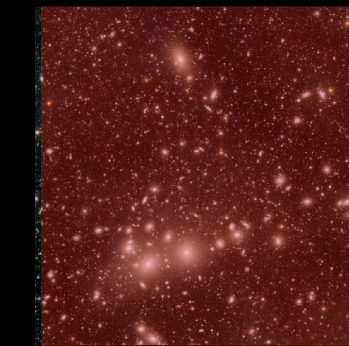
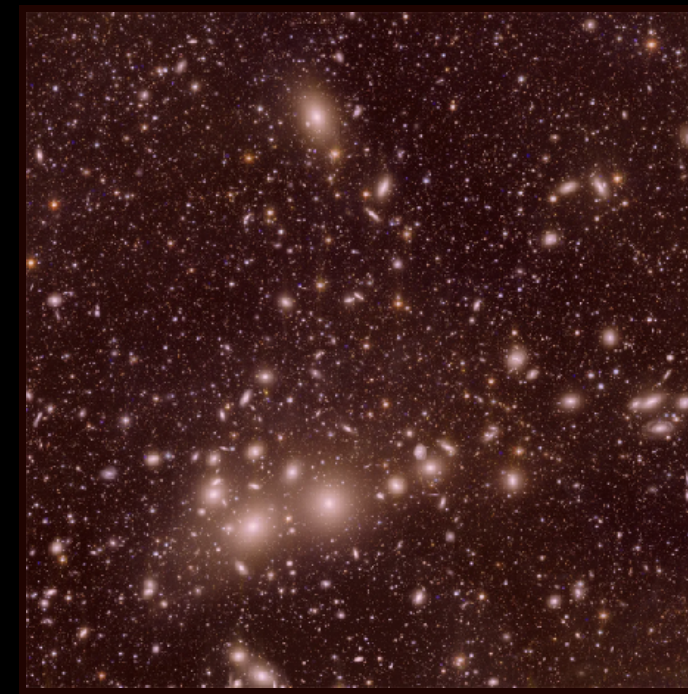
Age: 14 billion years

Size: 46 billion light-years

A brief history of the Universe

Today

14 billion years ago



Age: 14 billion years

Age: 6 billion years

Age: 2 billion years

Age: 700 million years

Size: 46 billion light-years

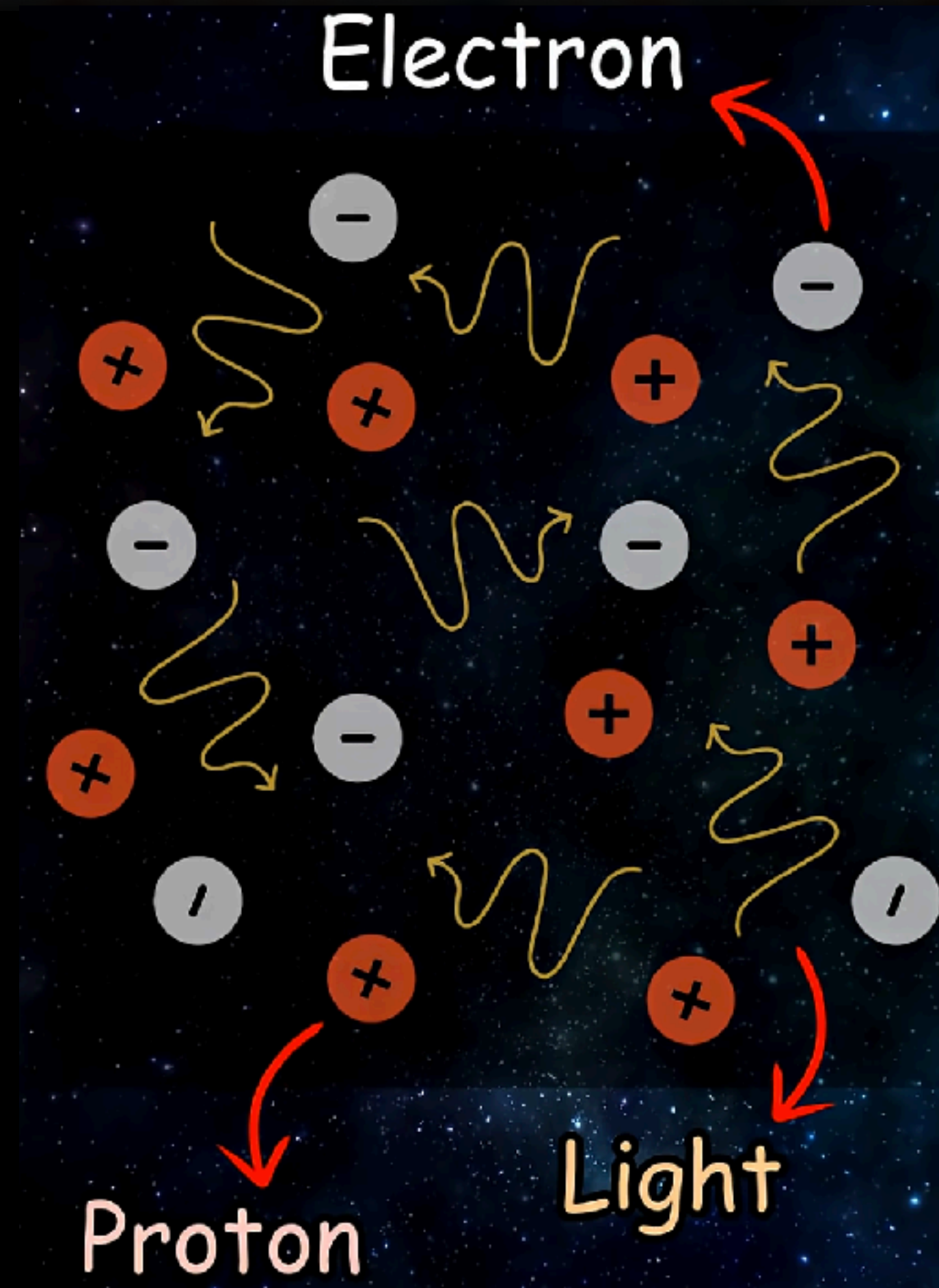
Size: 23 billion light-years

Size: 12 billion light-years

Size: 6 billion light-years

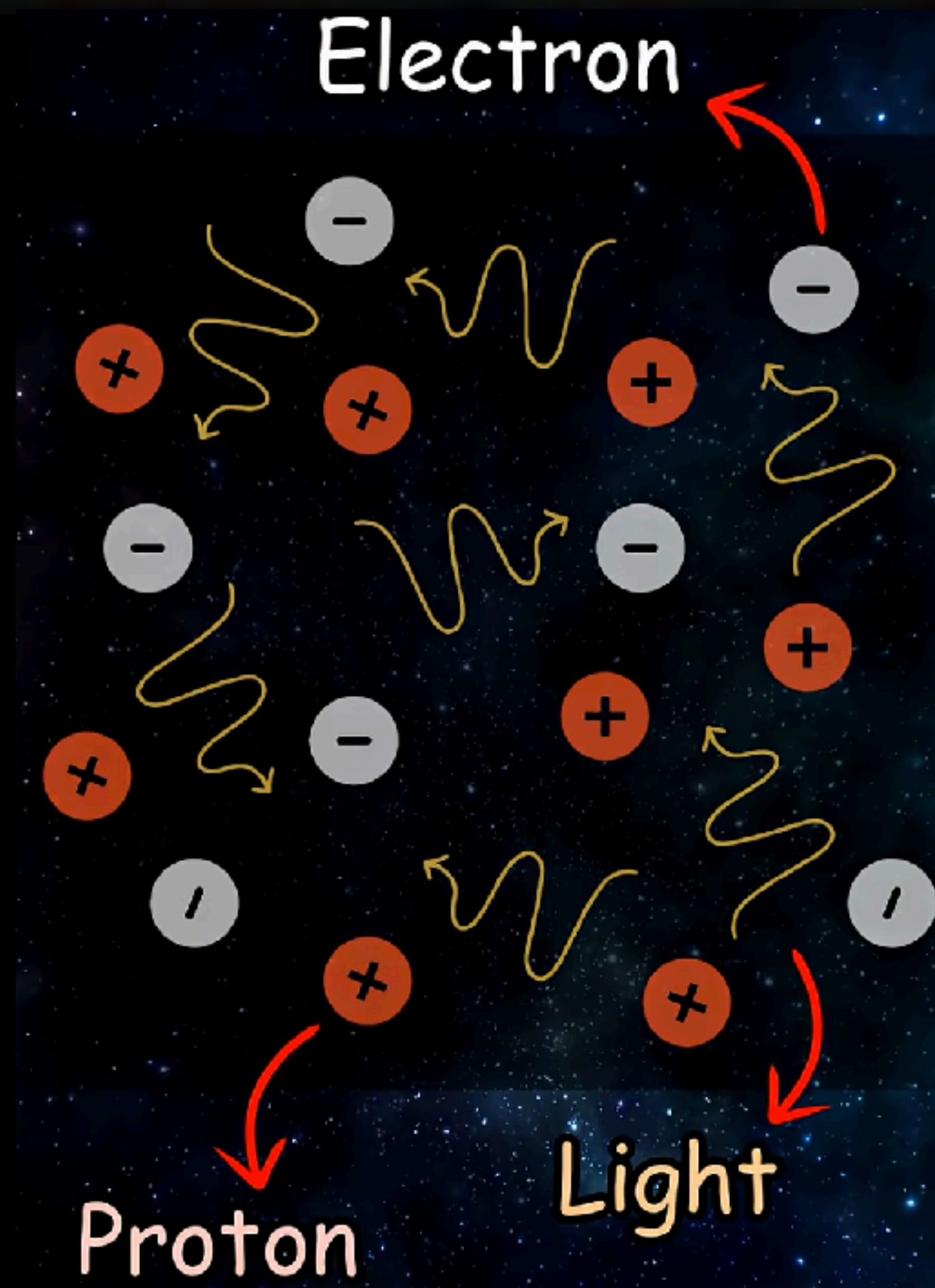
Looking back in time, the Universe gets **hotter** and **denser**

The early Universe was a particle soup...

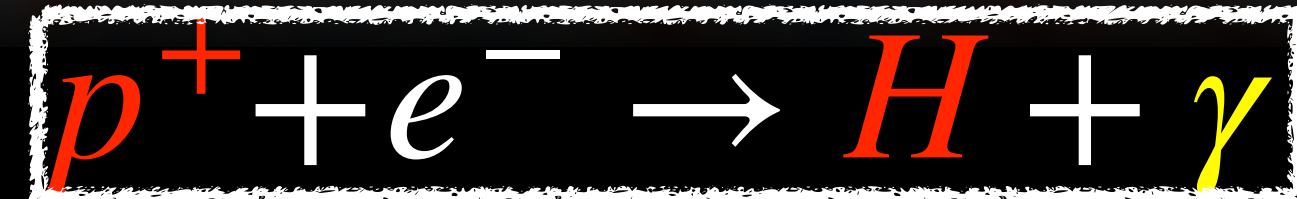


Age: < 380,000 years
 $T > 3000\text{K}$ (5000°F)

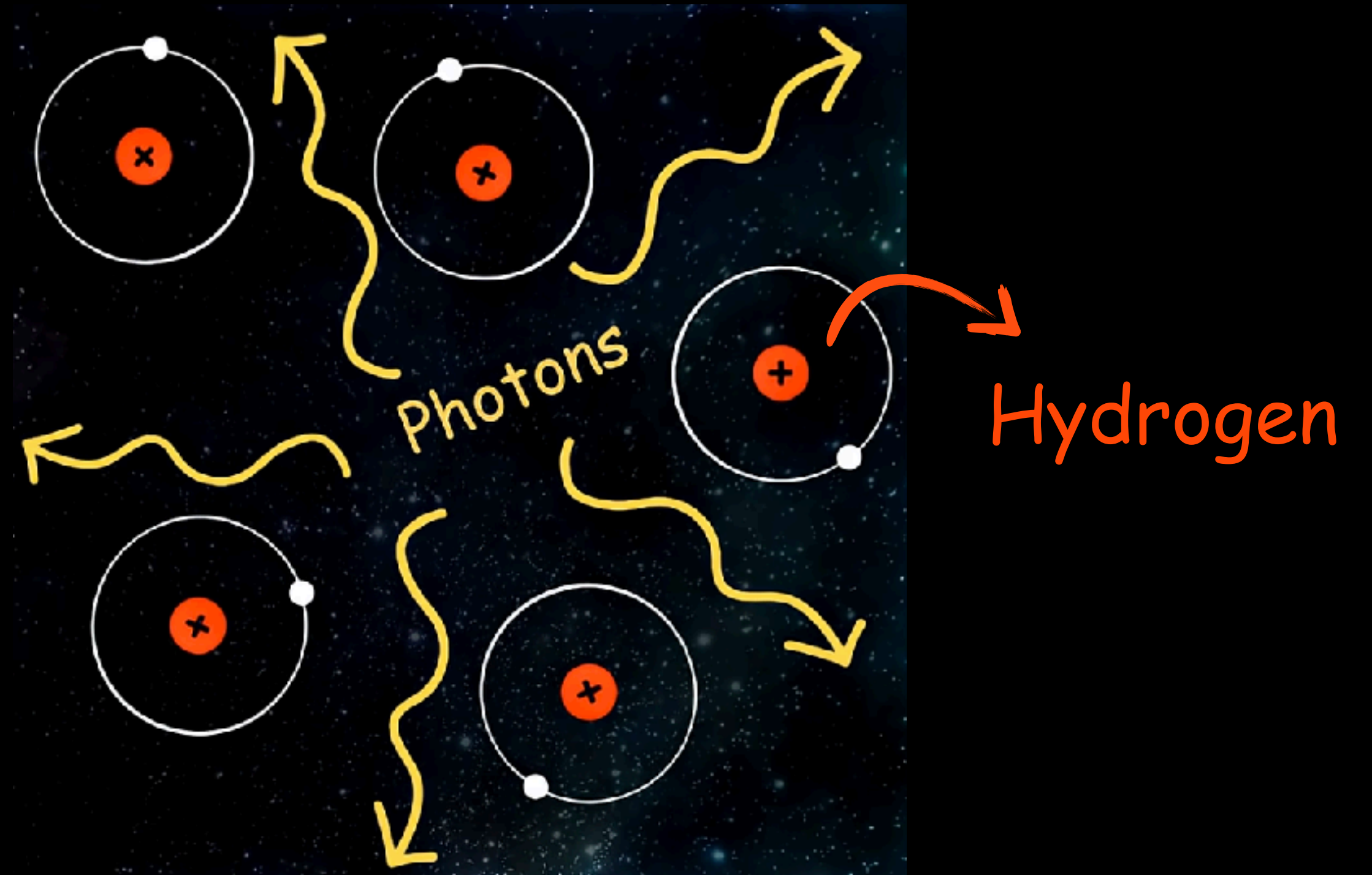
...until it wasn't



Age: < 380,000 years
 $T > 3000\text{K}$ (5000°F)

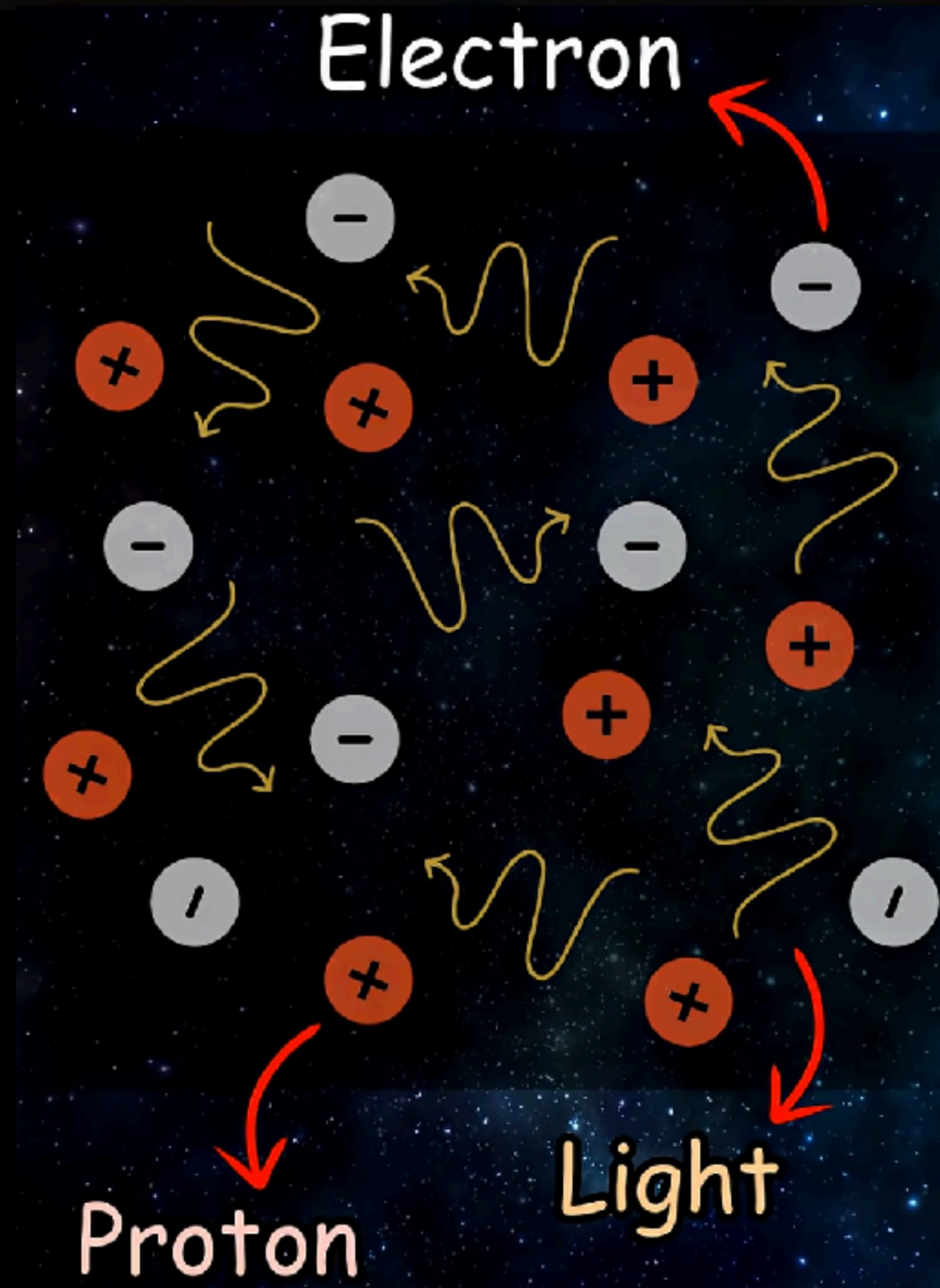


RECOMBINATION!



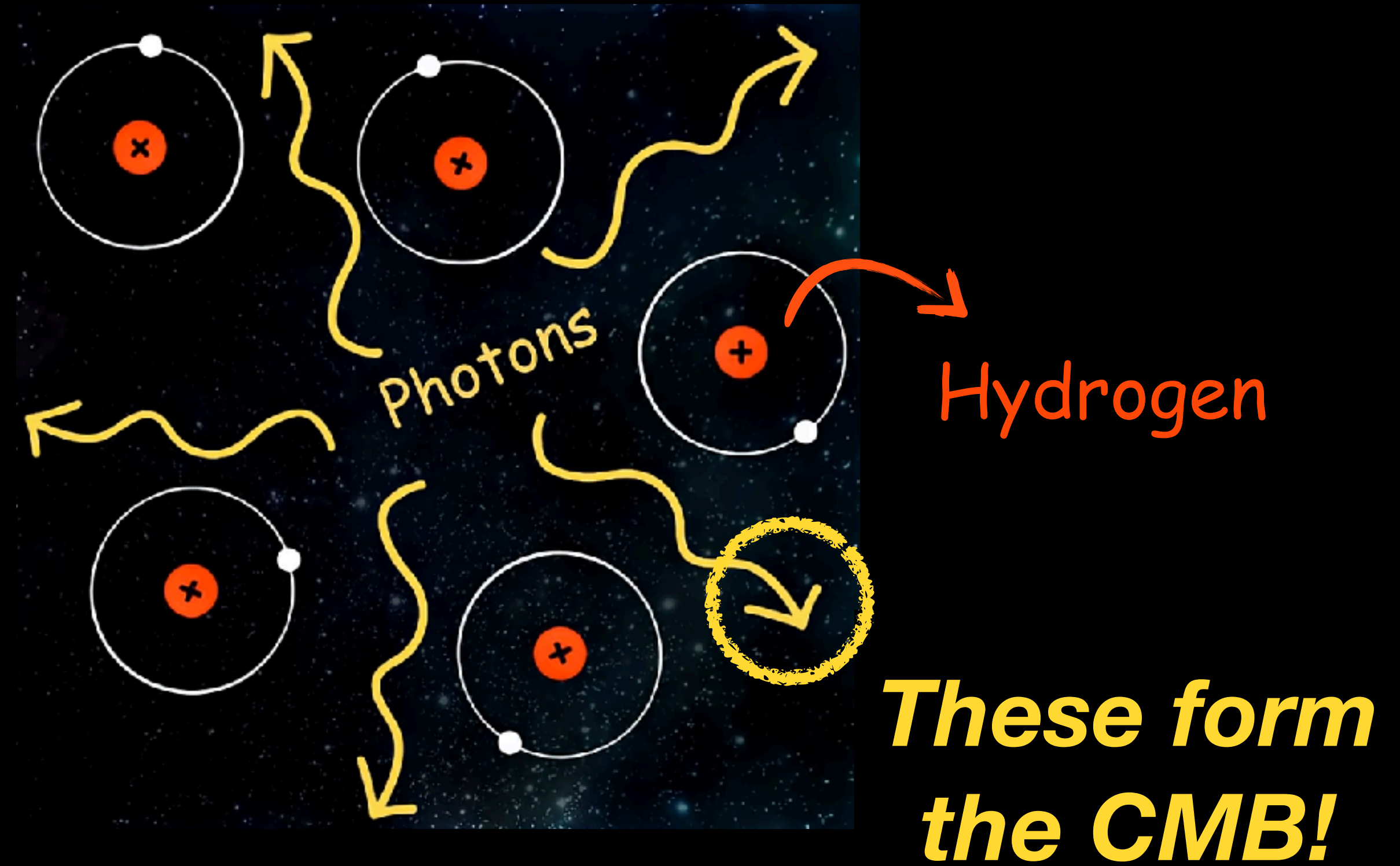
Age: > 380,000 years
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The CMB is photons from the early Universe



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 $T > 3000\text{K}$ (5000°F)

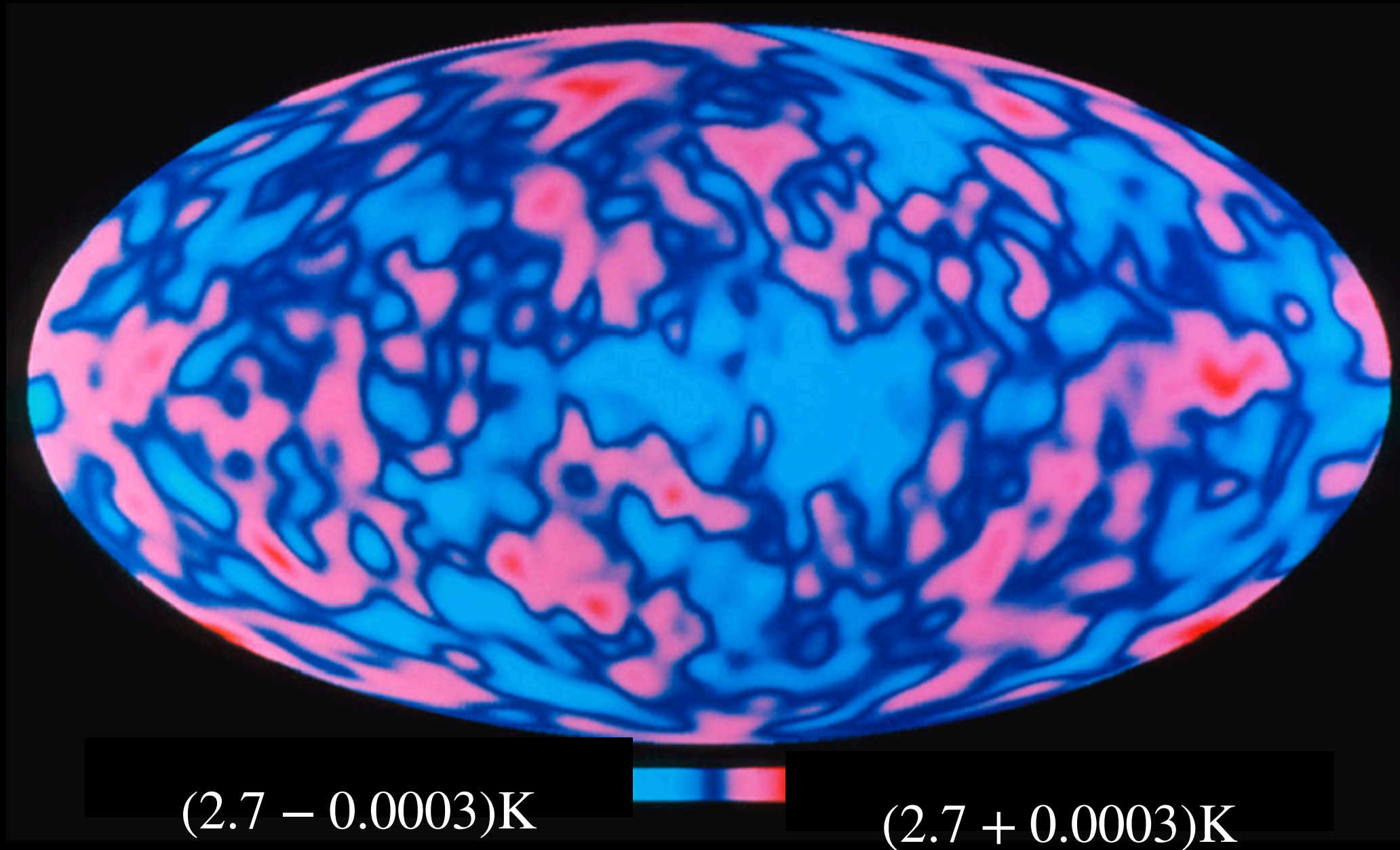
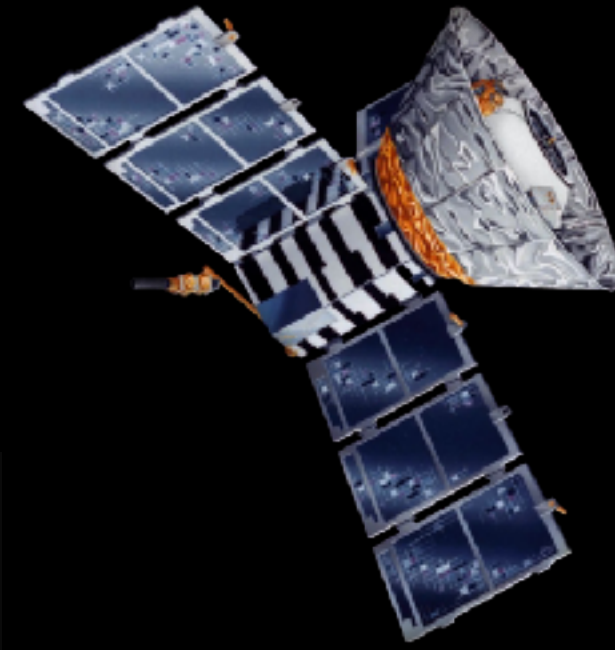
RECOMBINATION!



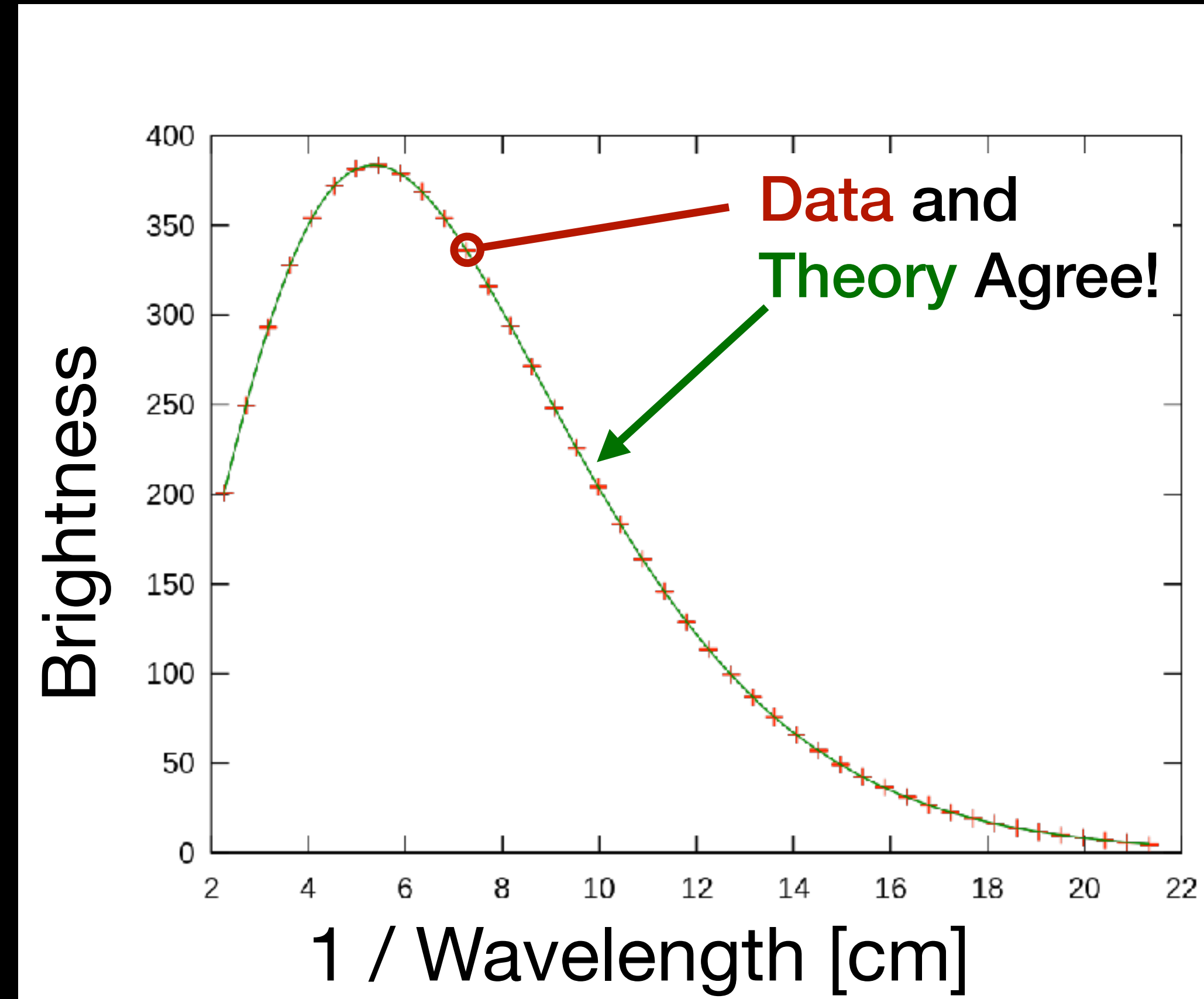
Age: > 380,000 years
 $T < 3000\text{K}$ (5000°F)

The COBE satellite confirmed the model

The Cosmic Background Explorer (COBE)



The CMB (c. 1990s)



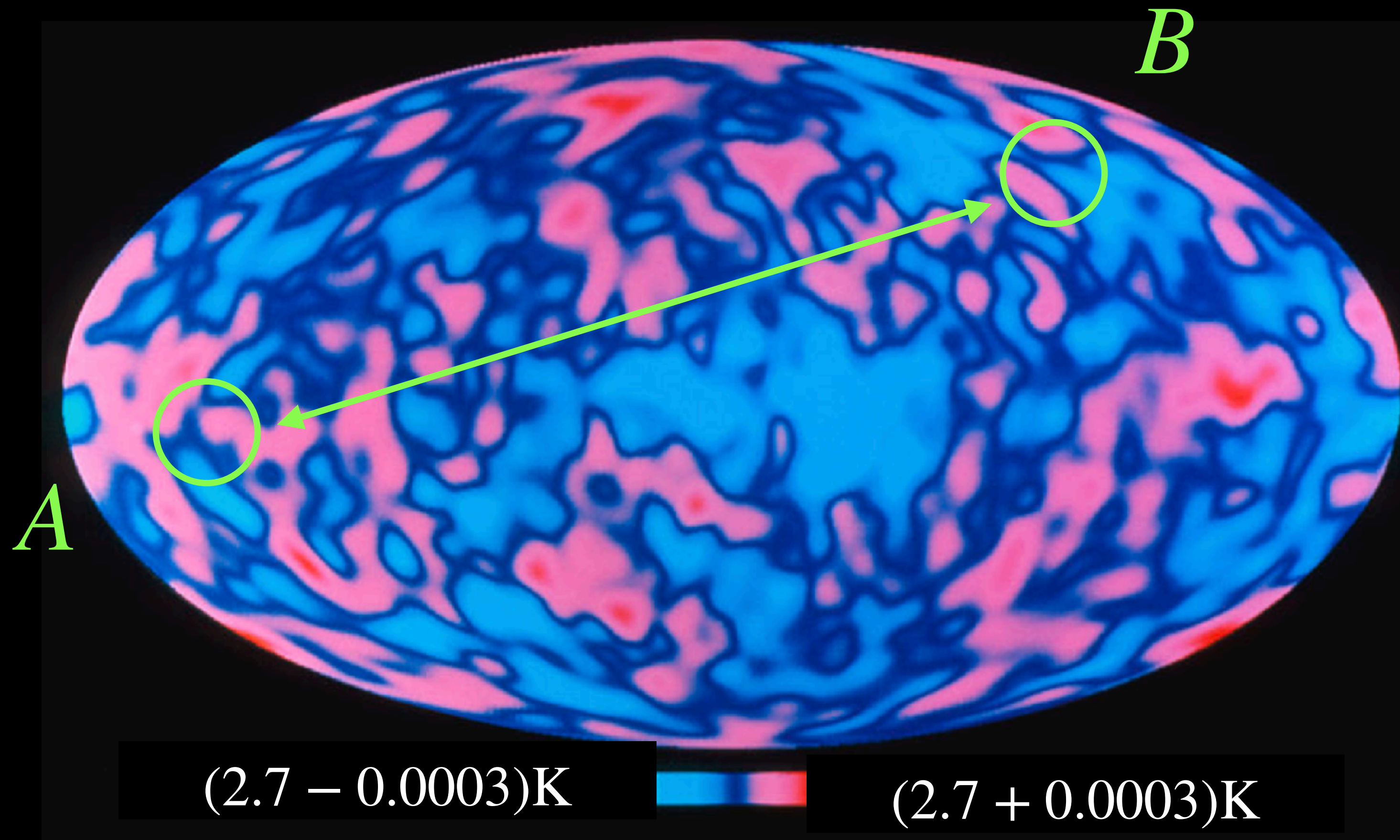
Frequency Spectrum



Nobel Prize, 2006

Why is the CMB so uniform?

The CMB (c. 1990s)



The temperature of the CMB is **extremely** similar across the sky

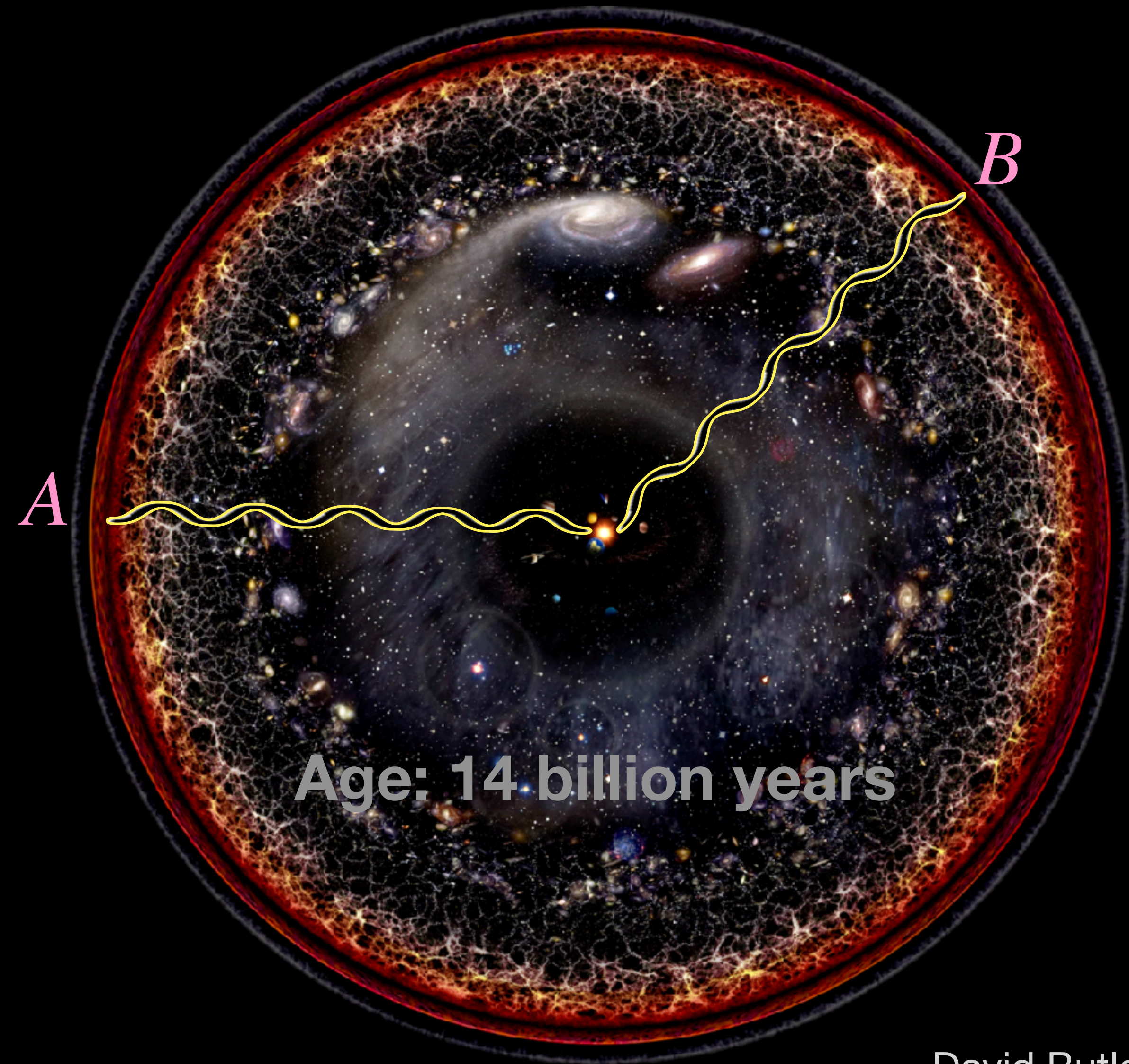
$$\frac{\Delta T}{T} \sim 10^{-5}$$

This is a surprising result!

Why is the CMB so uniform?

The observable universe

Photons from *A* and *B* have travelled for **billions** of light-years to reach us today



Why is the CMB so uniform?

Photons from *A* and *B* have travelled for **billions** of light-years to reach us today

When they started out the Universe was **much** smaller



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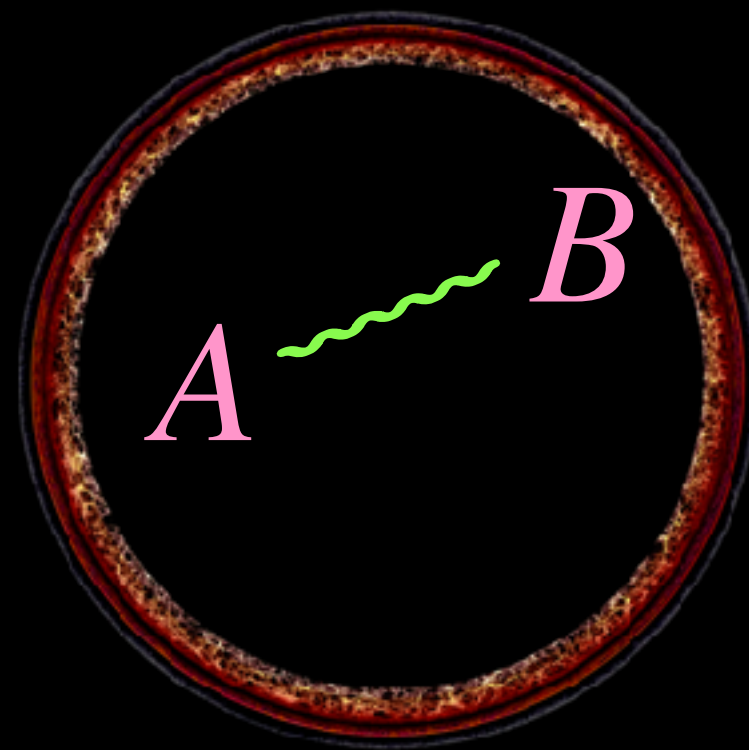
There was **no way** to send information from *A* to *B*

Why do they have the same temperature???



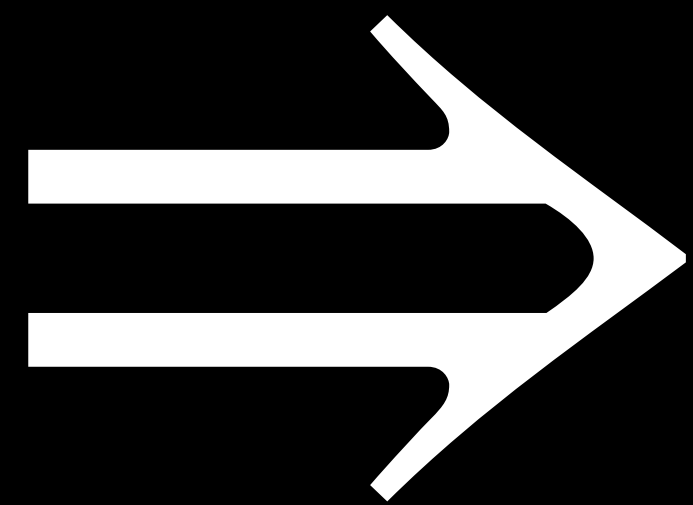
Inflation explains the Universe's uniformity

A and B are in contact initially!



Age: 10^{-35} seconds

INFLATION
INFLATION



The Universe must have been **much smaller** in the past!!

It expanded **exponentially** growing by 10^{26} times

Age: 380 000 years



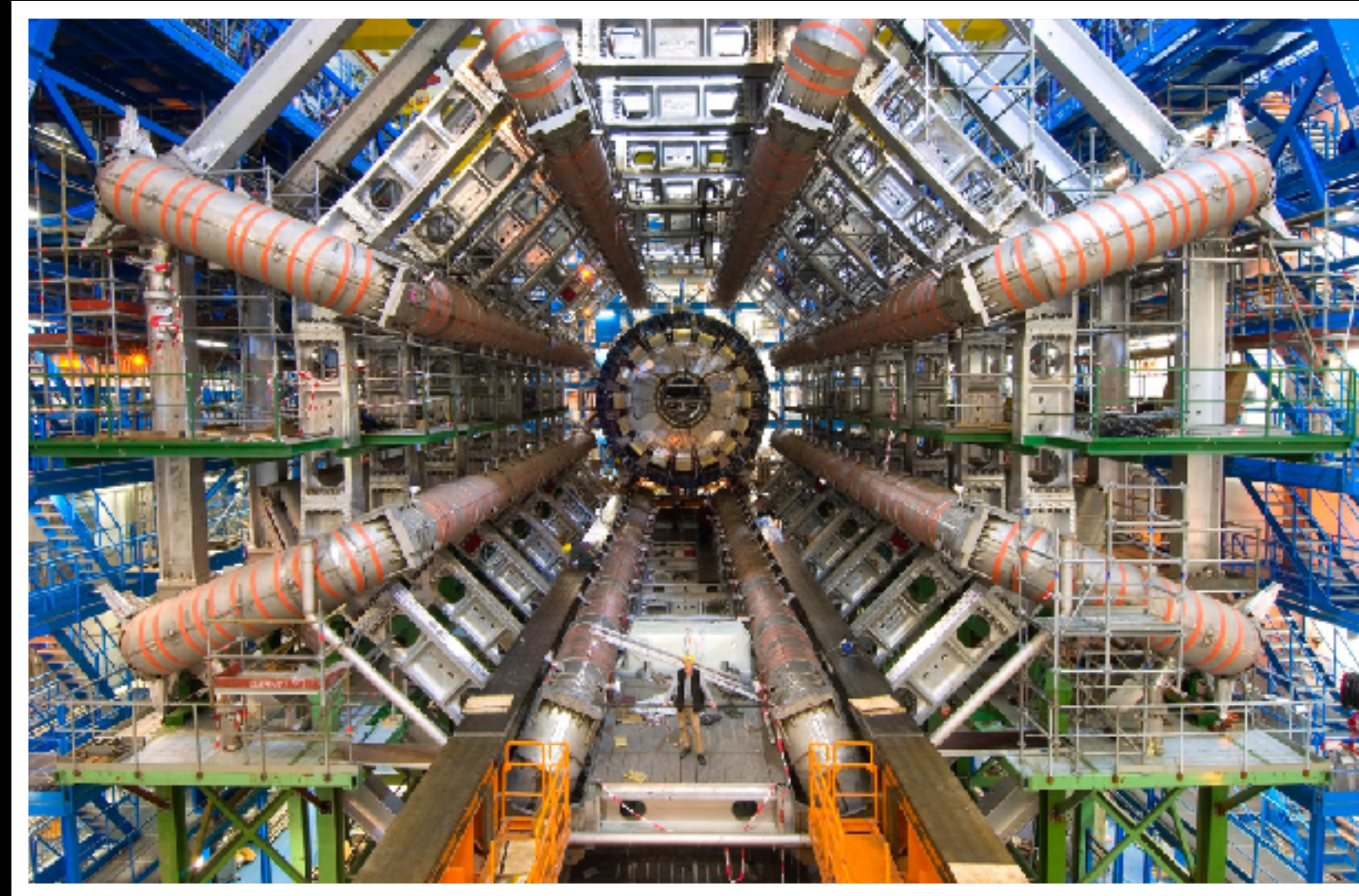
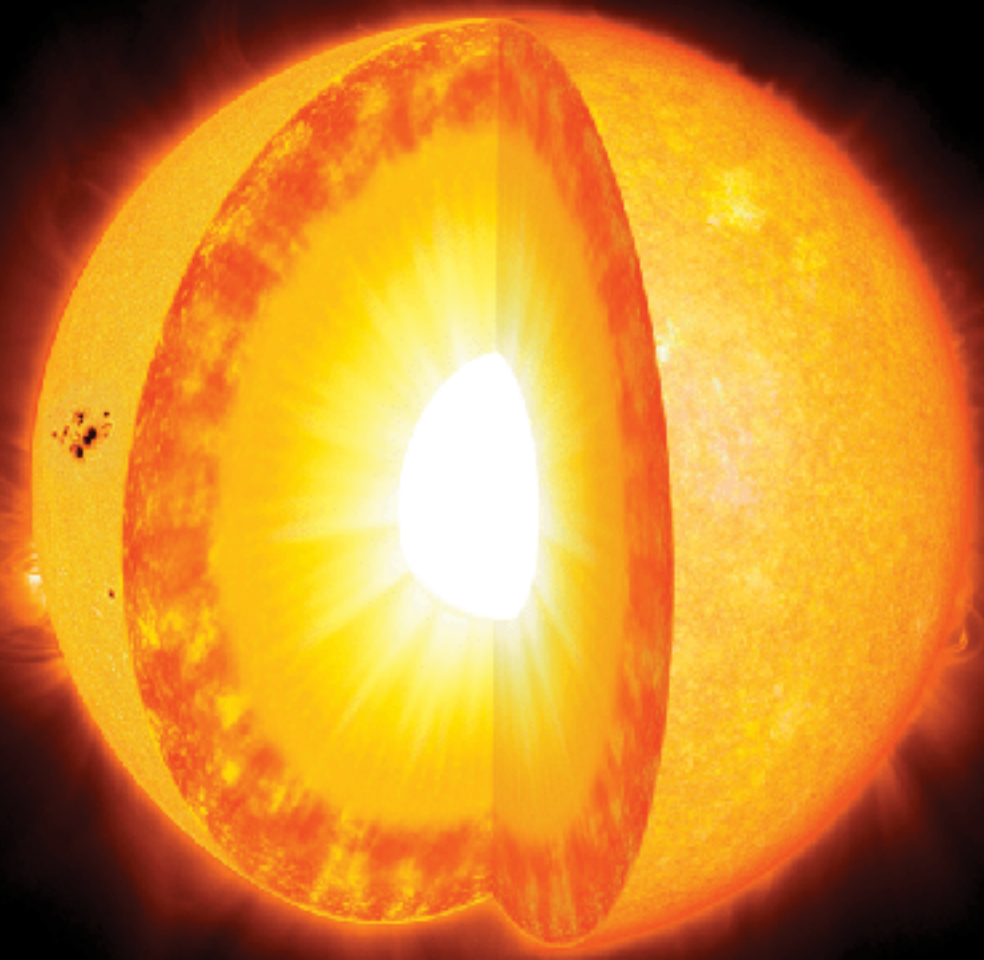
Andrei Linde (Stanford)

In inflation, the Universe was **hot** and dense

The Sun

The Large Hadron Collider

INFLATION



15 million K
27 million °F

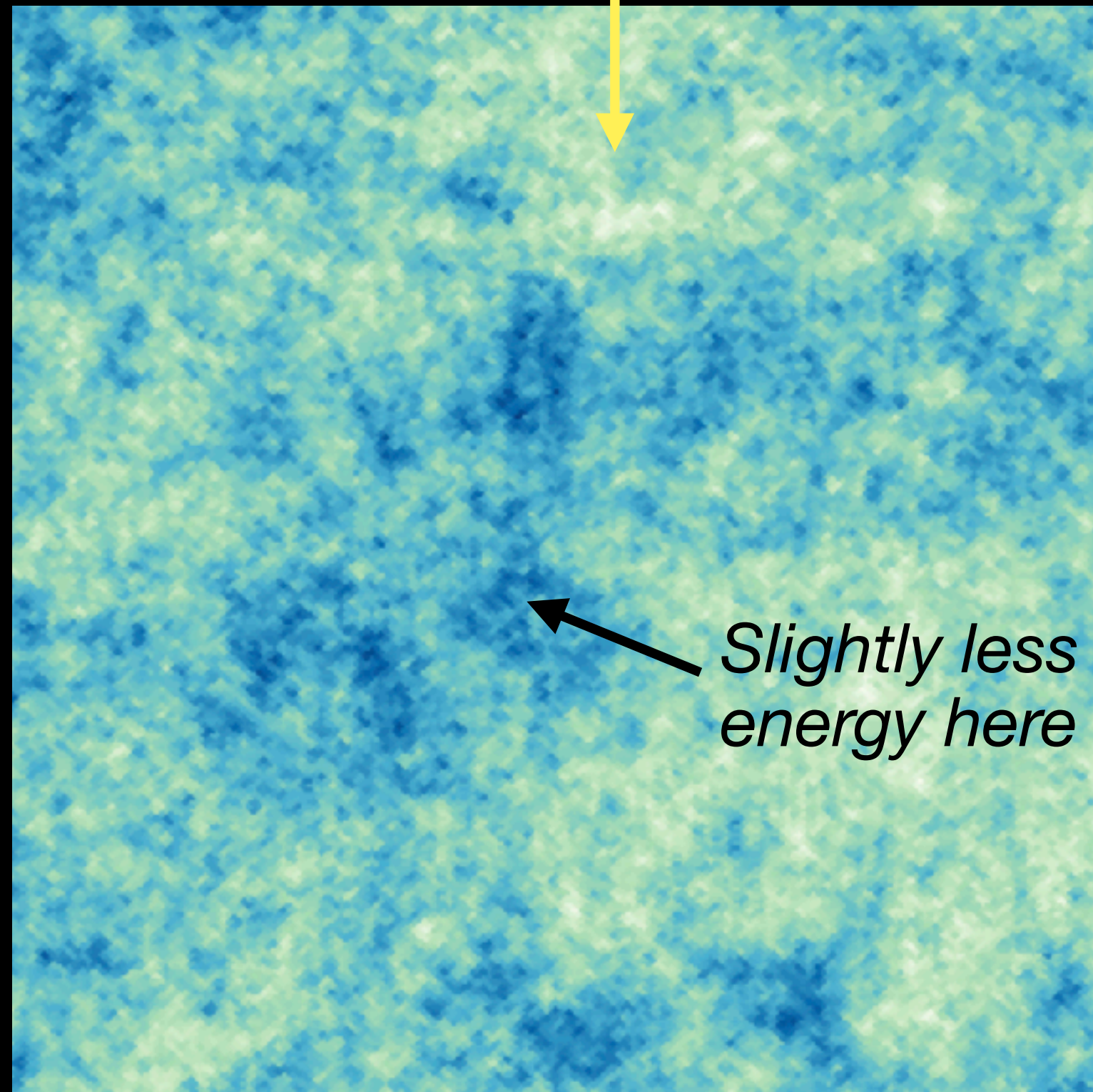
1 billion billion K
2 billion billion °F

100 million billion billion K
200 million billion billion °F

This is a *quantum regime*

Quantum fluctuations explain the Universe's structure

Slightly more energy here



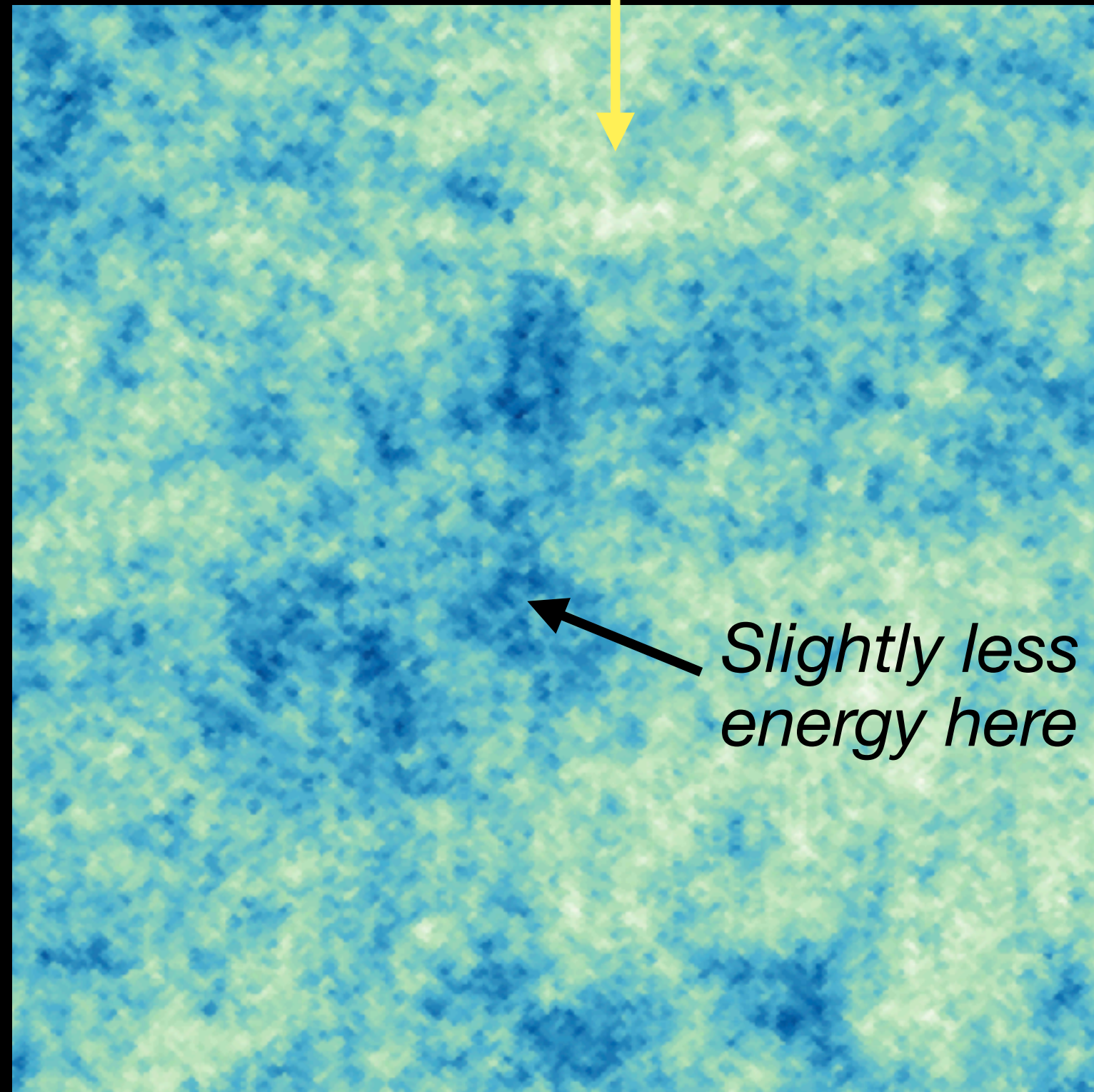
Slightly less energy here



The Quantum Universe

Quantum fluctuations explain the Universe's structure

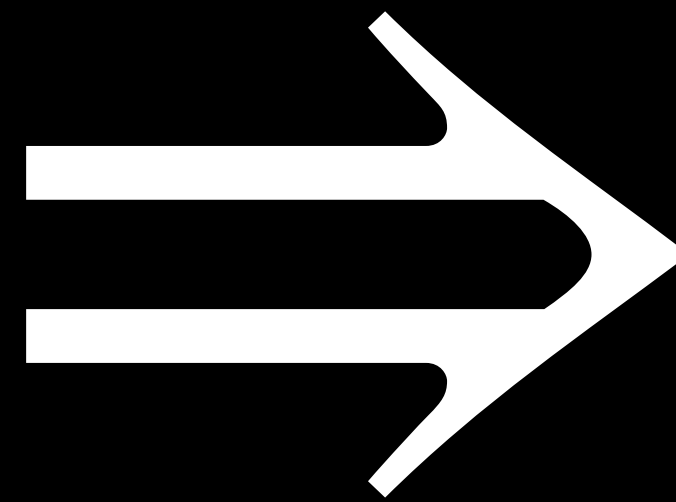
Slightly more energy here



Slightly less energy here

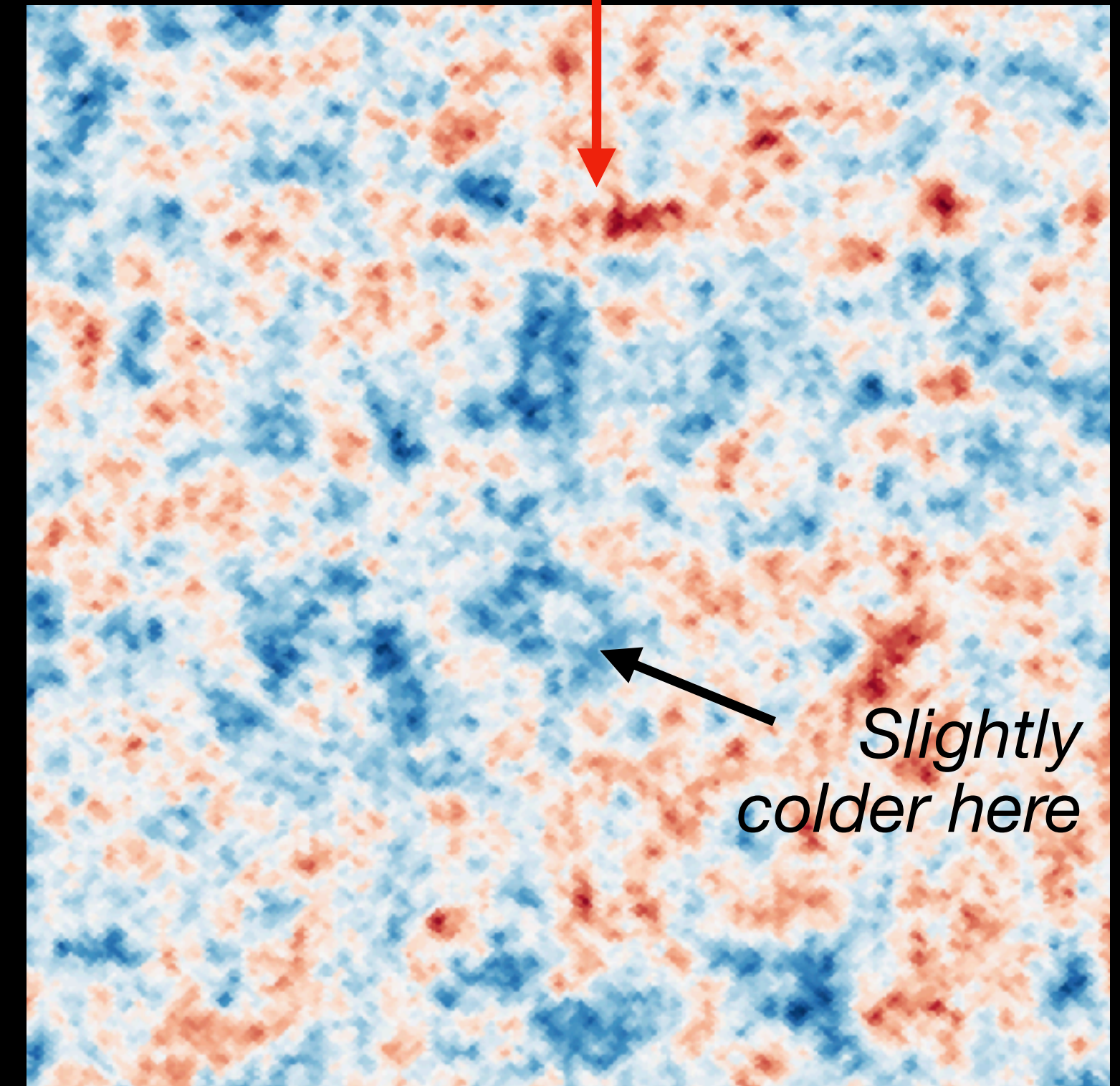
The Quantum Universe

INFLATION



INFLATION

Slightly hotter here



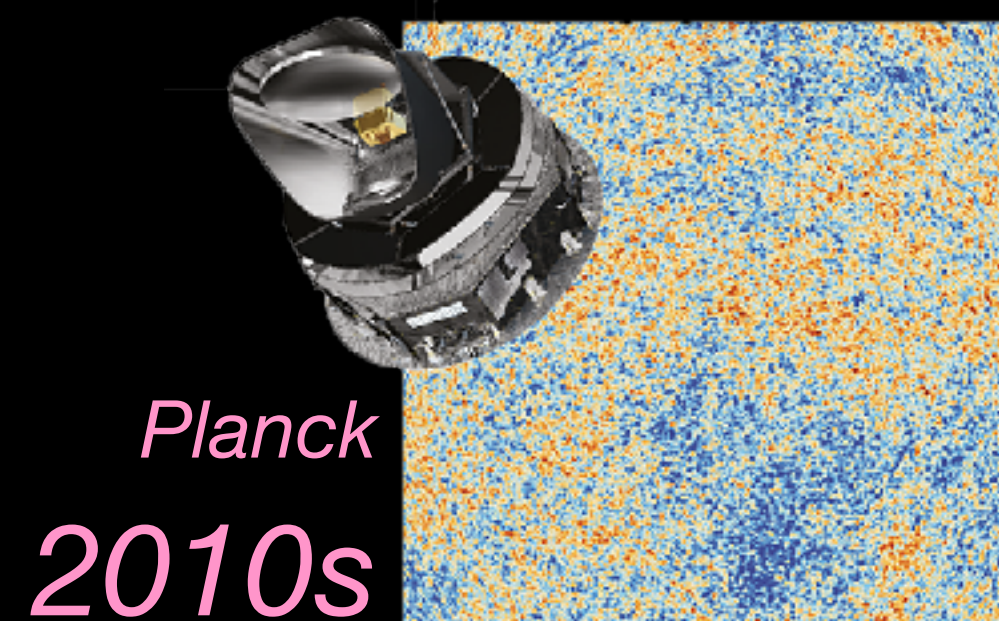
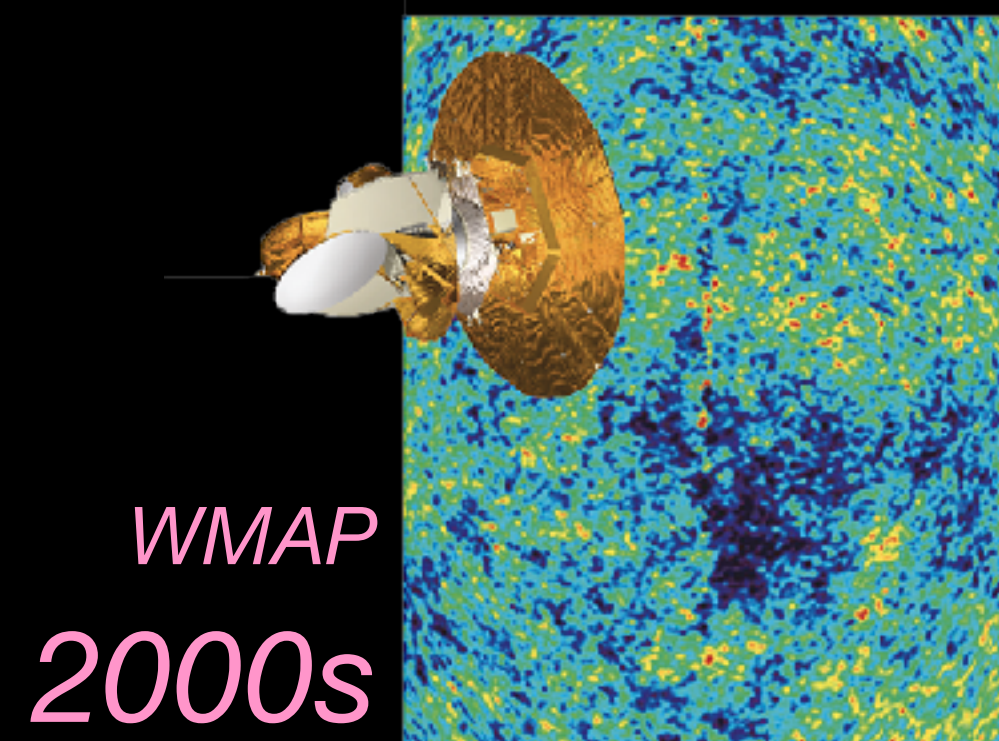
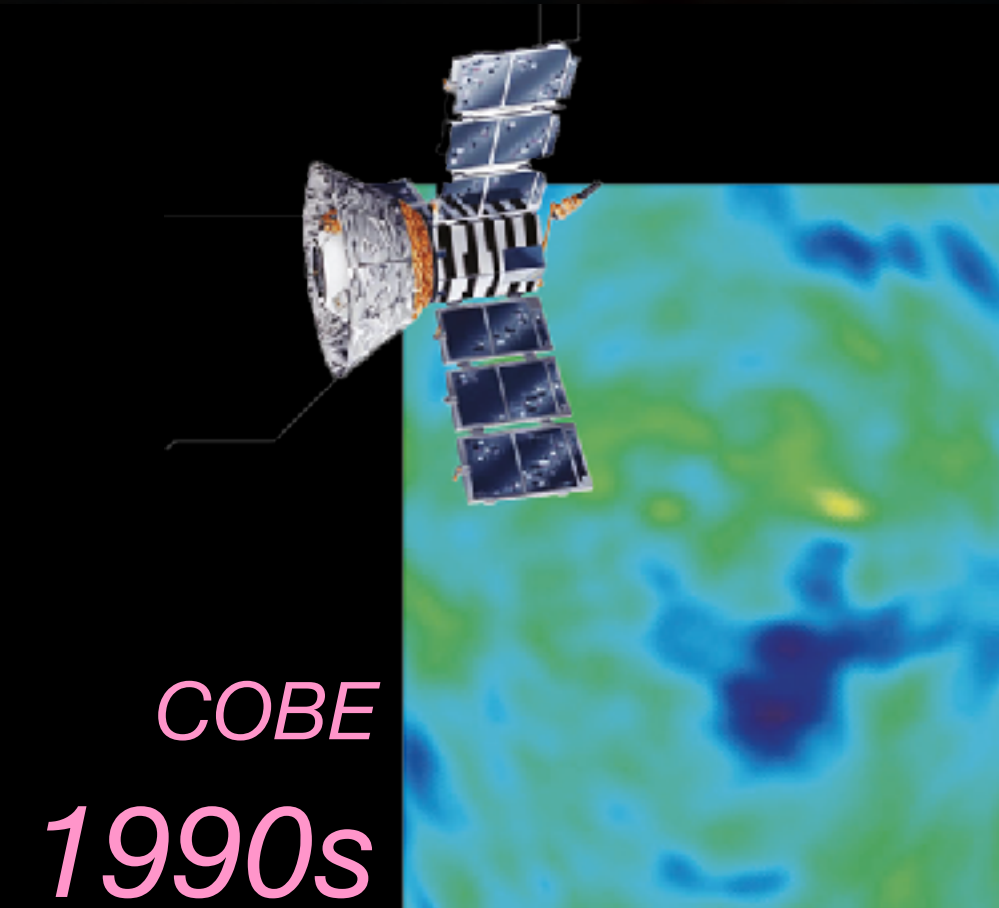
Slightly colder here

The CMB

Inflation matches the data

Just by knowing that inflation was a **quantum process**, we can **predict** the CMB fluctuations

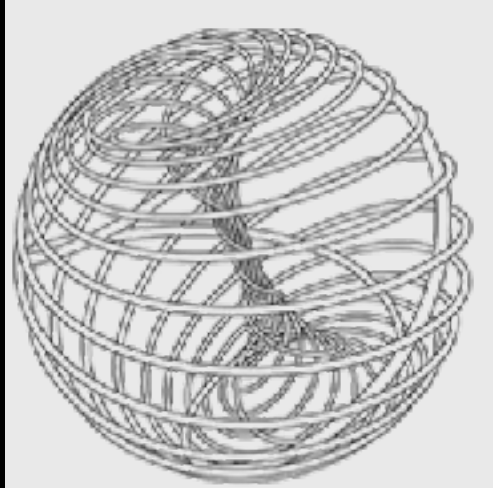
$$T_{\text{CMB}} = f[\text{Atomic Physics}] \times \text{Inflation}$$



Inflation matches the data

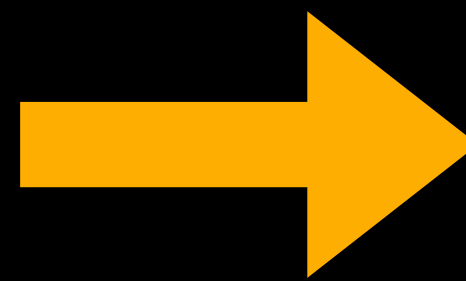
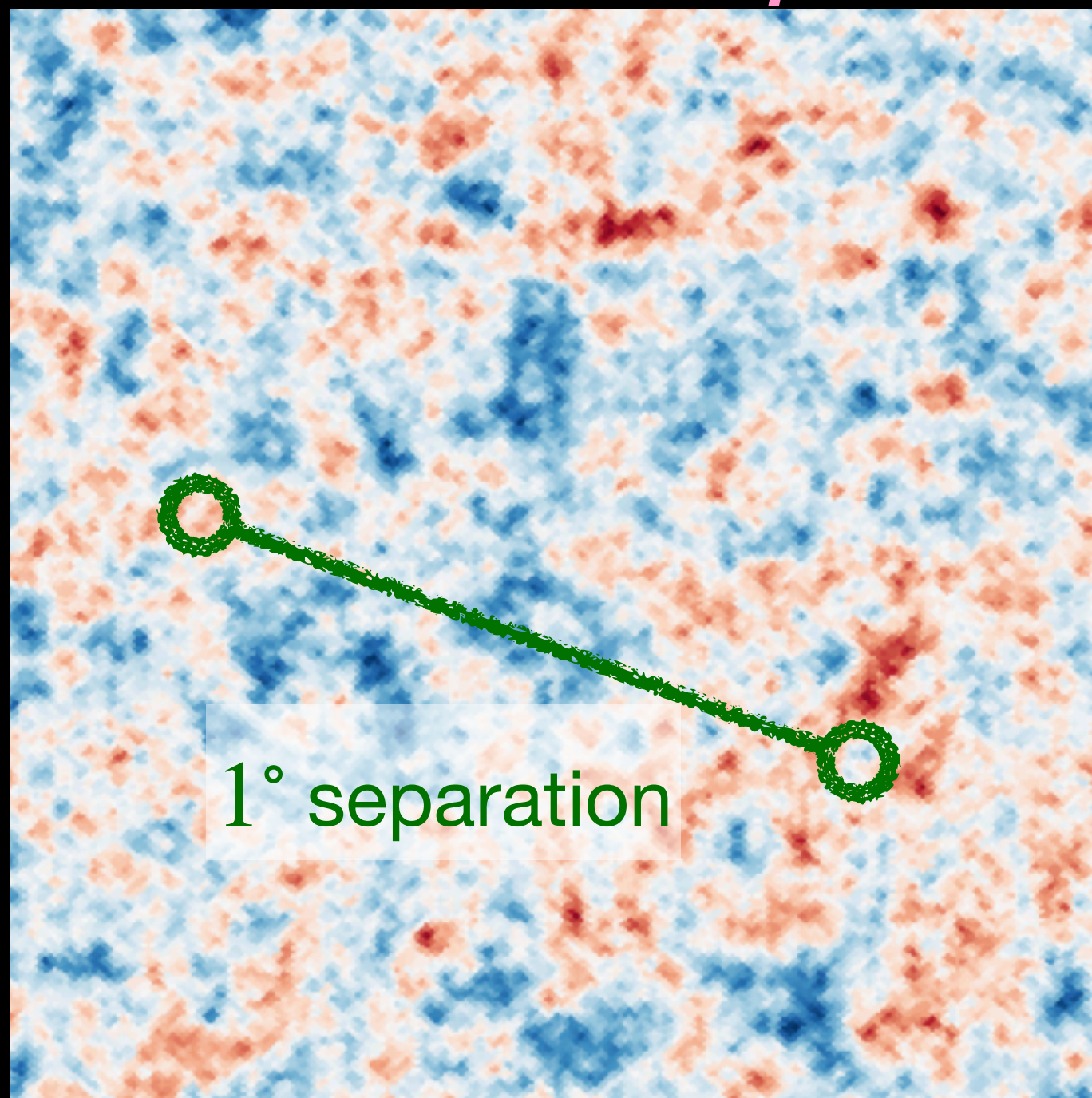
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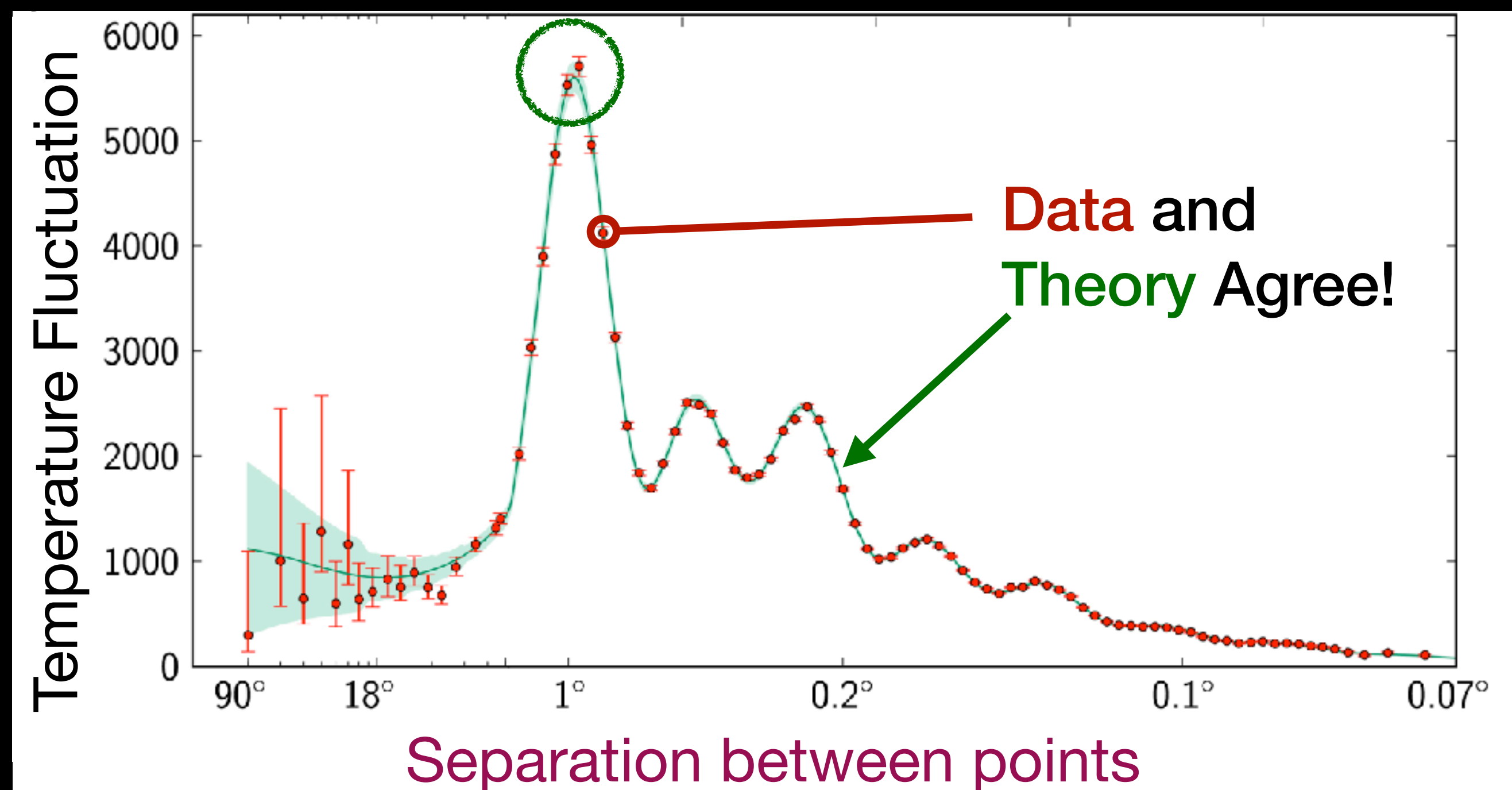


Breakthrough
Prize 2018

The CMB Map



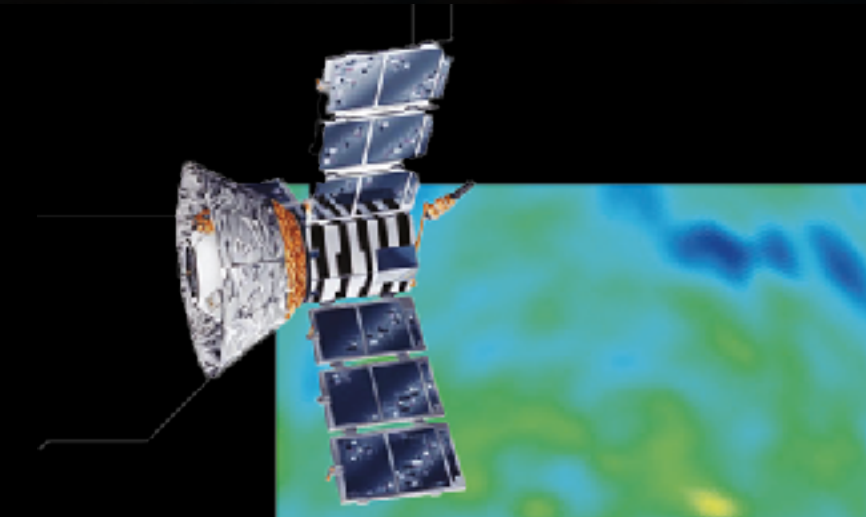
Statistics of the CMB



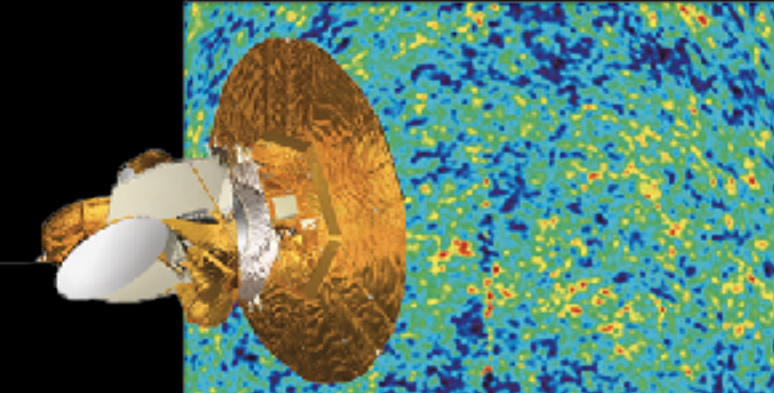
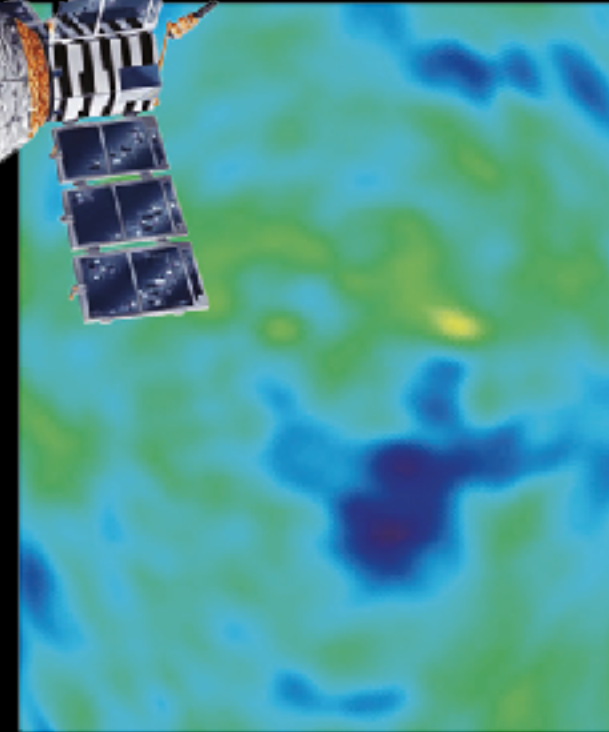
Inflation has a lot of mysteries

Many models have been proposed to explain the early Universe

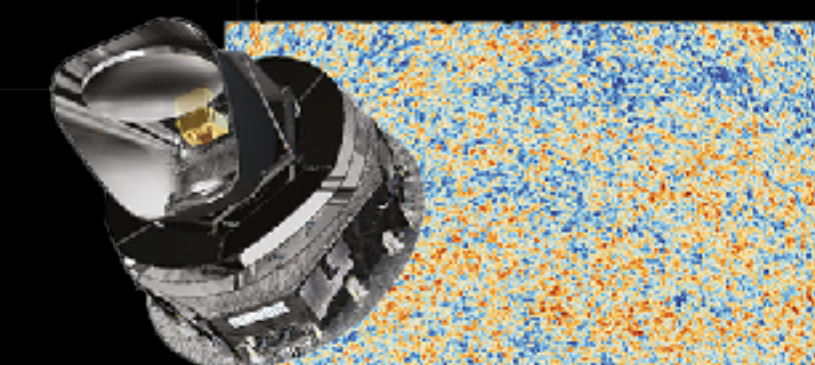
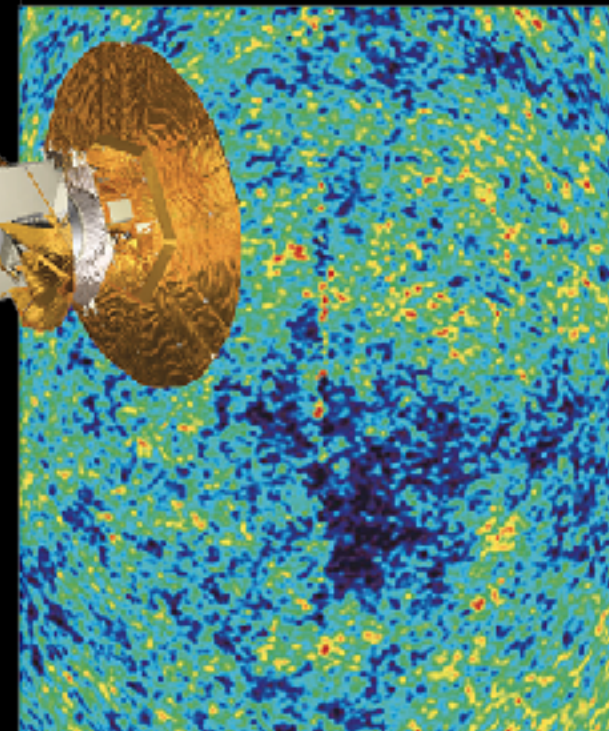
⇒ Inflation fits the data the best!



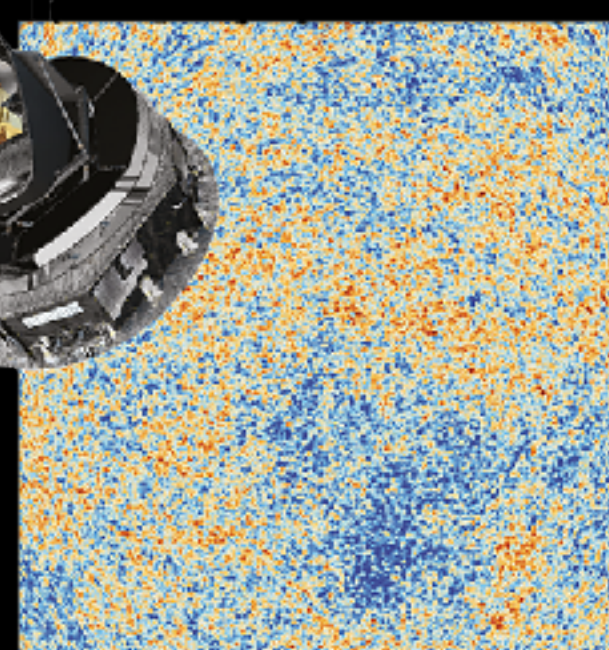
COBE
1990s



WMAP
2000s



Planck
2010s



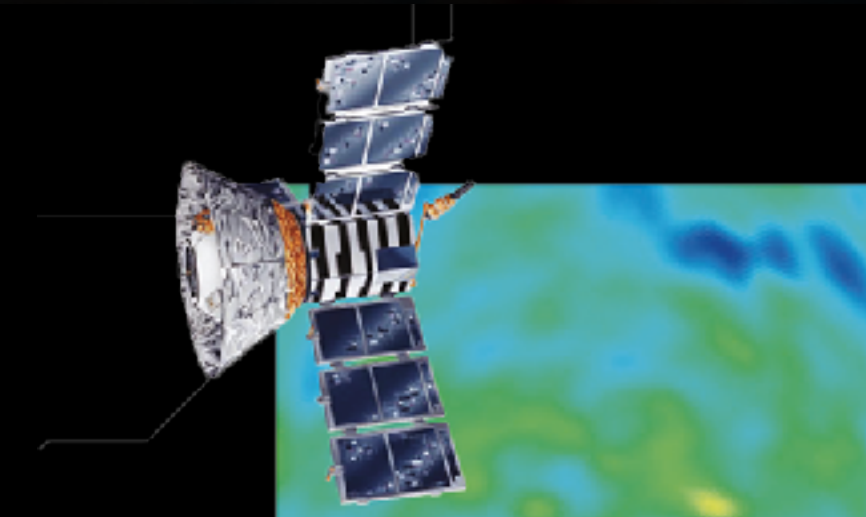
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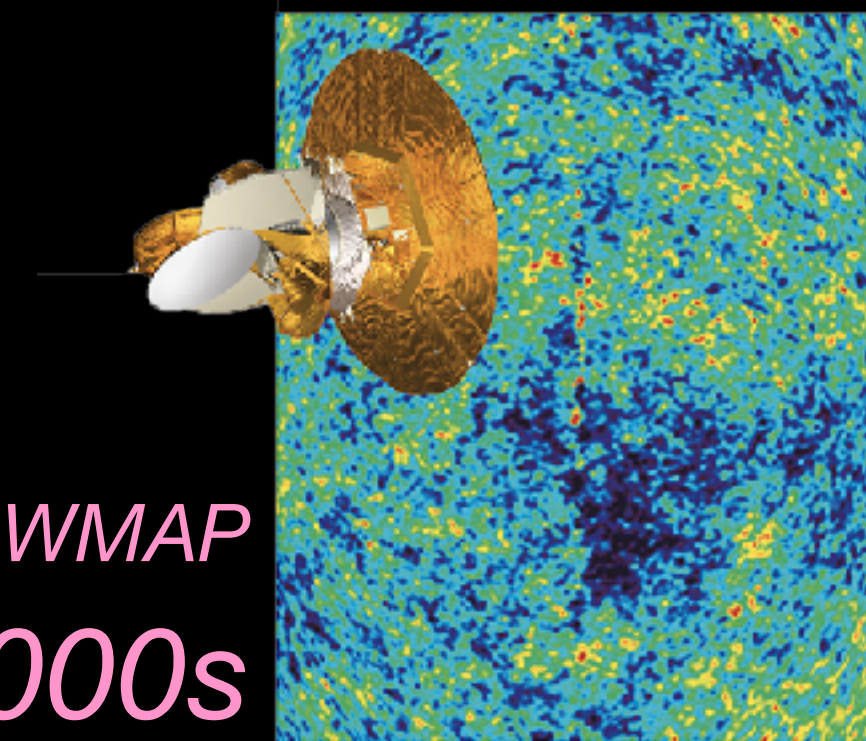
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Things we know about inflation

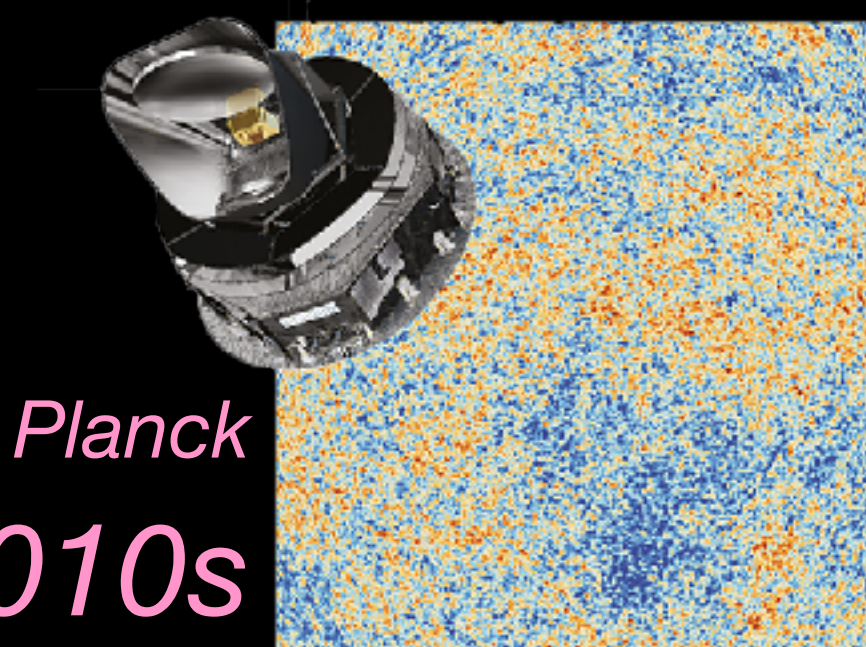
- The Universe expanded **exponentially**
- There were **quantum fluctuations**



COBE
1990s



WMAP
2000s



Planck
2010s

Inflation has a lot of mysteries

Many models have been proposed to explain the early Universe

⇒ **Inflation fits the data the best!**

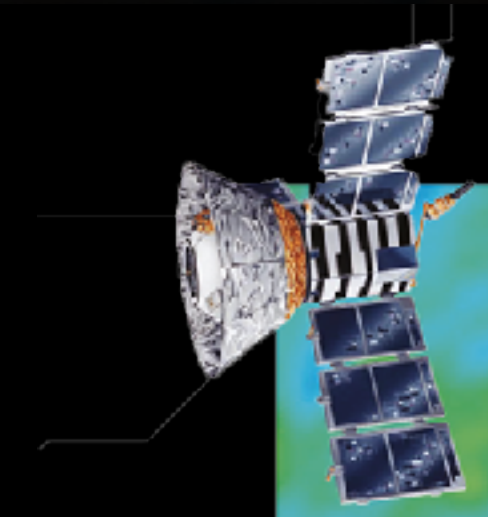
Things we know about inflation

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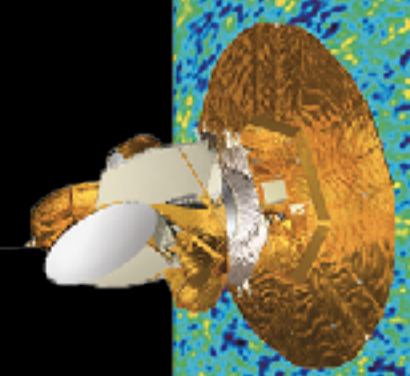
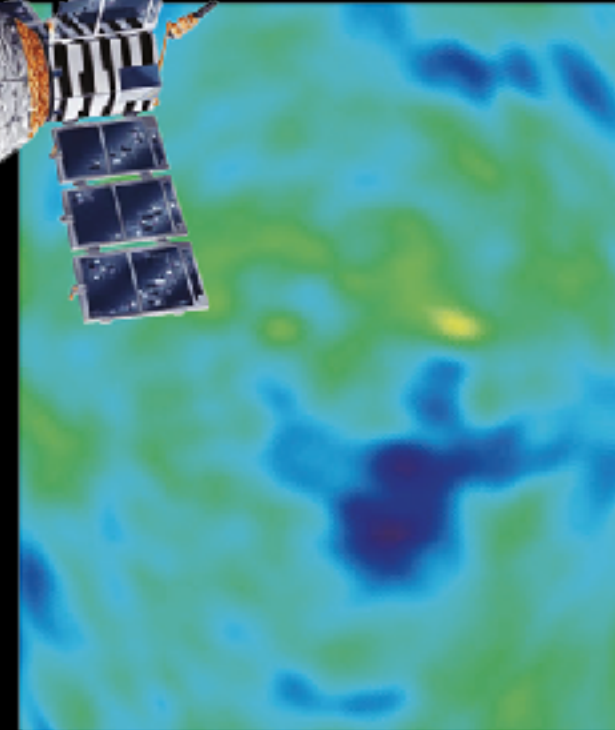
Things we don't know about inflation

- How did it begin?
- What caused the expansion?
- **What are the laws of physics in inflation?**

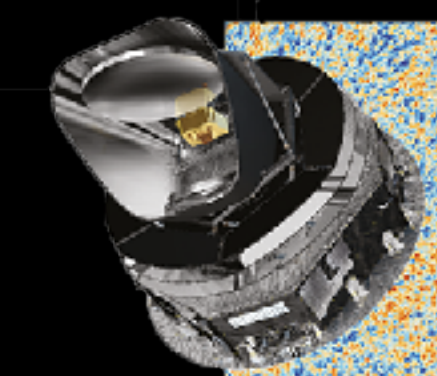
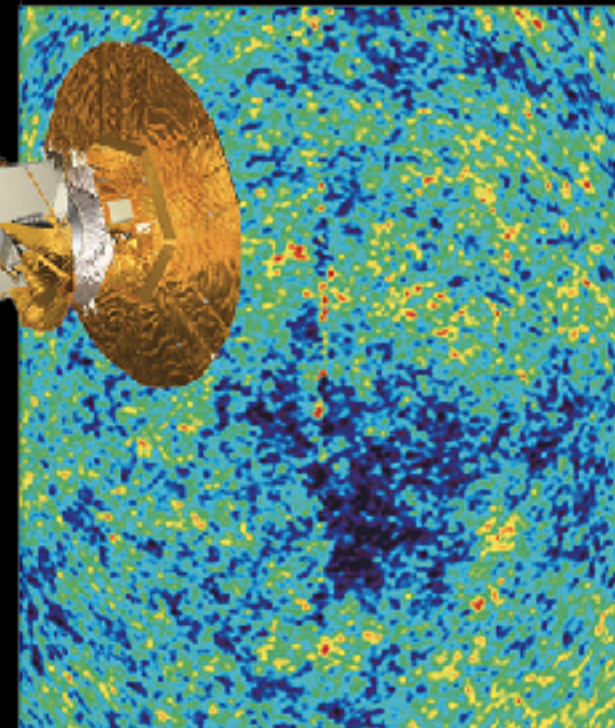
**Inflation is a unique
probe of physics at the
highest energies**



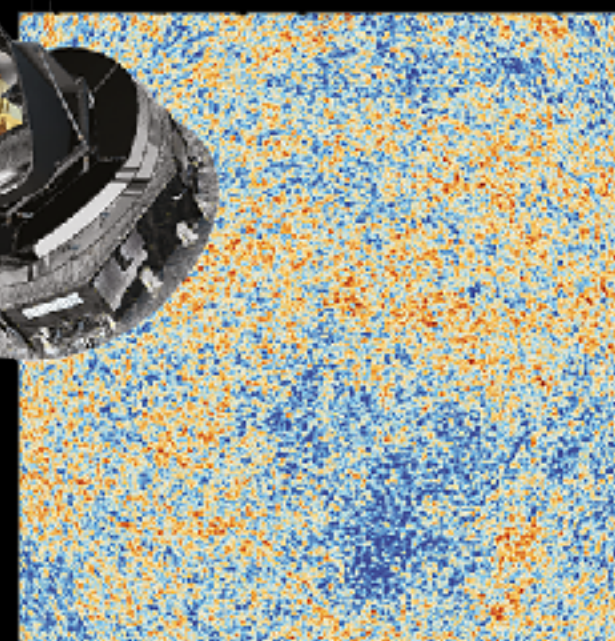
COBE
1990s



WMAP
2000s



Planck
2010s



What are the laws of physics in inflation?

The Standard Model

Lots of Particles

(Electrons, Quarks, Neutrinos, ...)

Four Ways to Interact

(Strong, Weak, Gravity,
Electromagnetism)

What are the laws of physics in inflation?

The Standard Model

Lots of Particles

(Electrons, Quarks, Neutrinos, ...)

Four Ways to Interact

(Strong, Weak, Gravity,
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Inflation

How Many Particles?

(At least one)

How Many Interactions?

(At least one)

Symmetry makes this much more concrete!

How to learn about inflation

Guess The Laws of Physics

How many
particles?

How many
interactions?

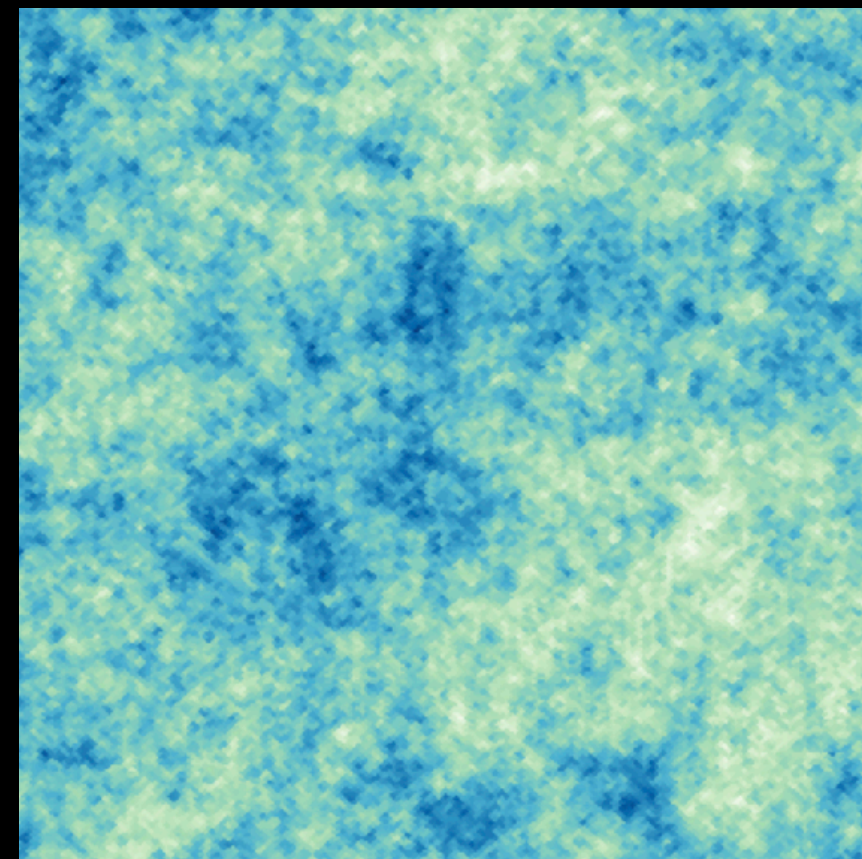
How to learn about inflation

Guess The Laws of Physics *Predict Inflation*



How many
particles?

How many
interactions?



How to learn about inflation

Guess The Laws of Physics

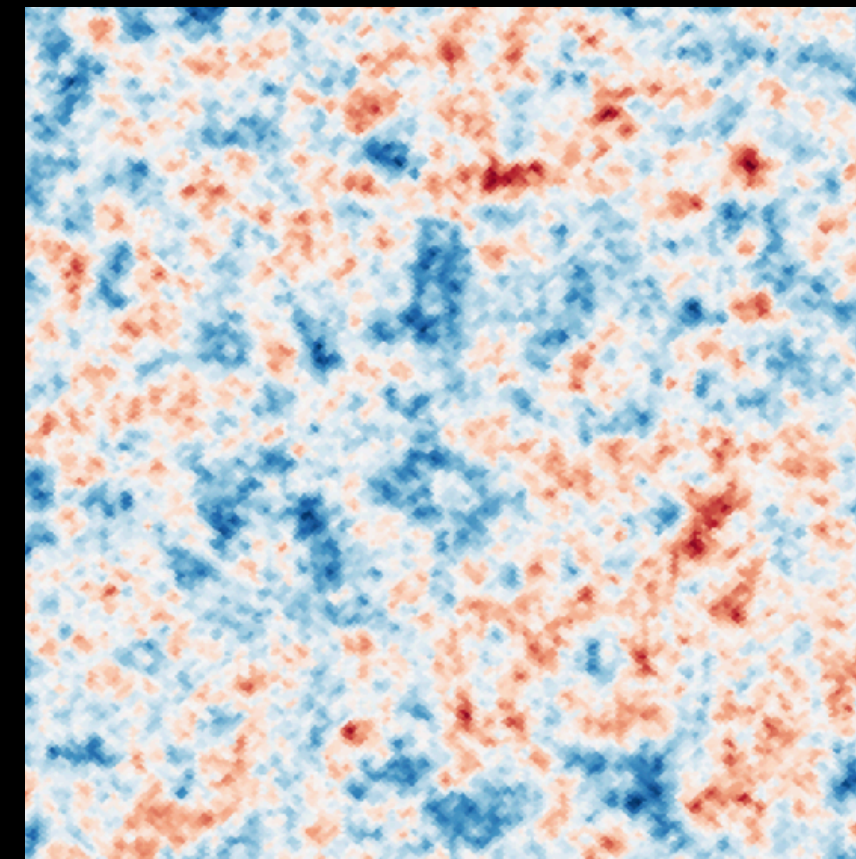
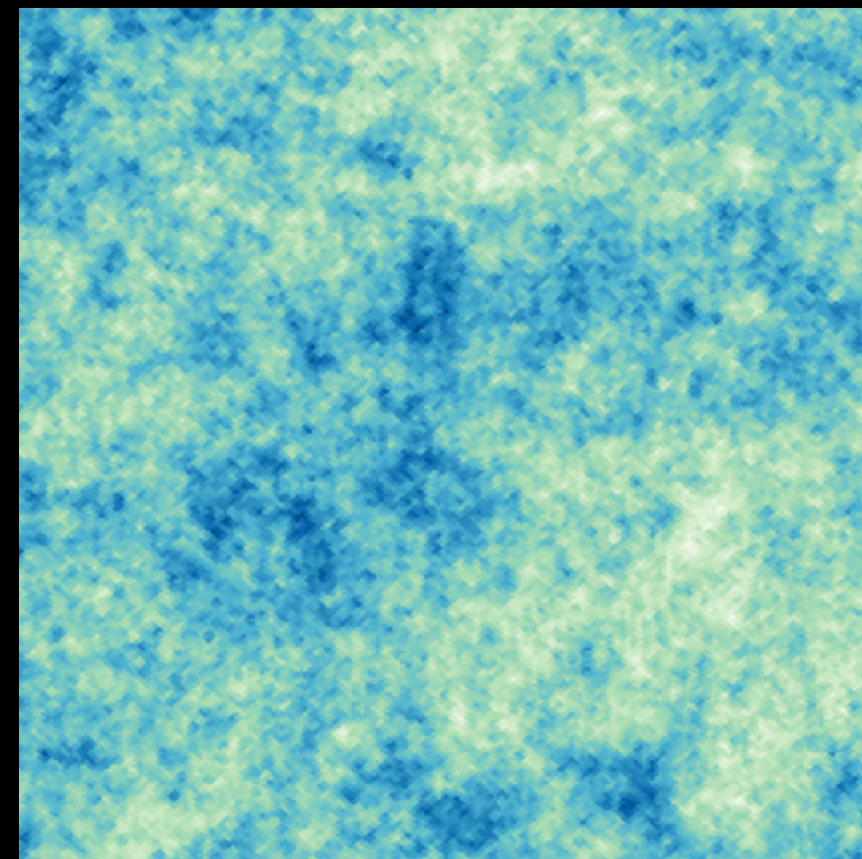
Predict Inflation

*Predict the Cosmic
Microwave Background*



How many
particles?

How many
interactions?



How to learn about inflation

Guess The Laws of Physics

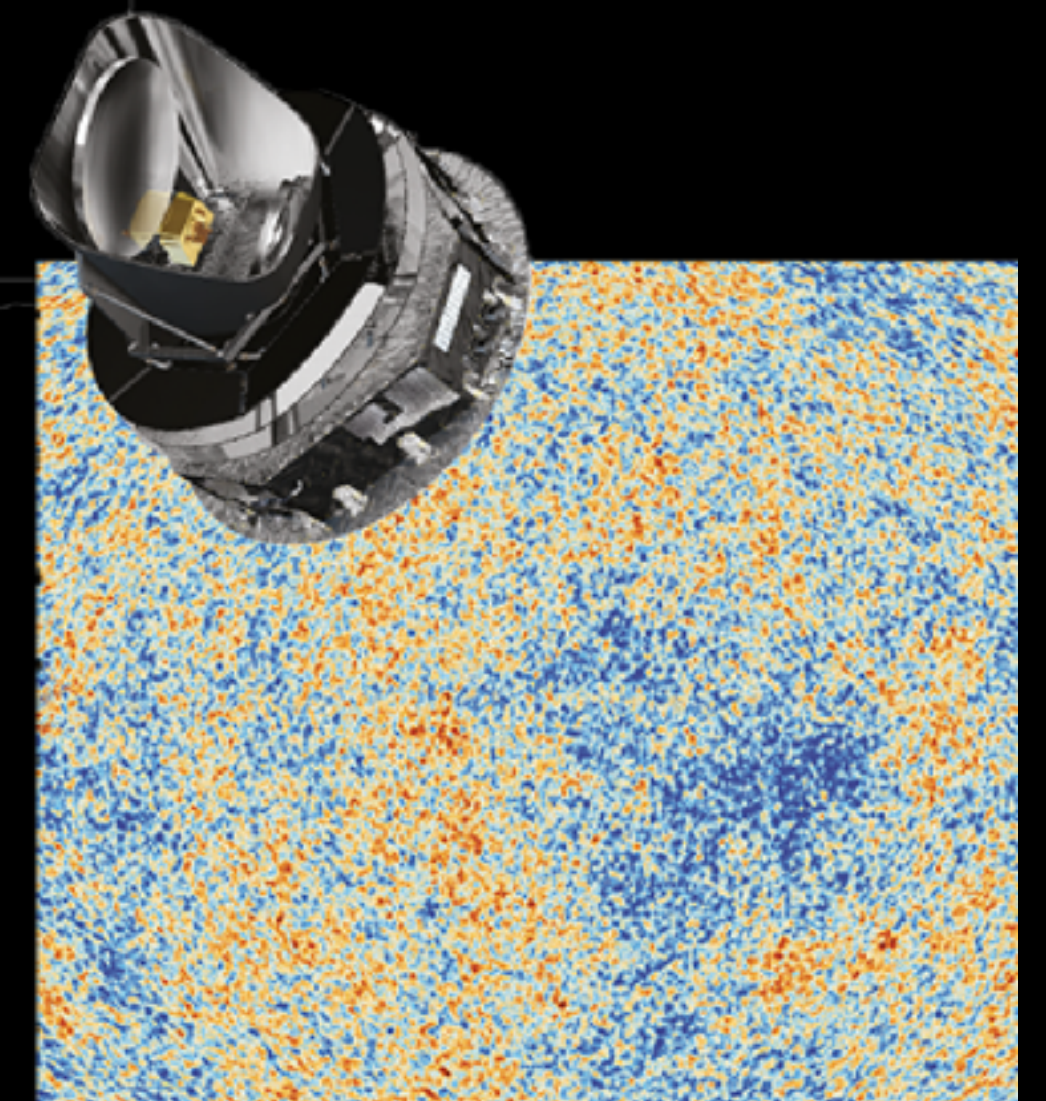
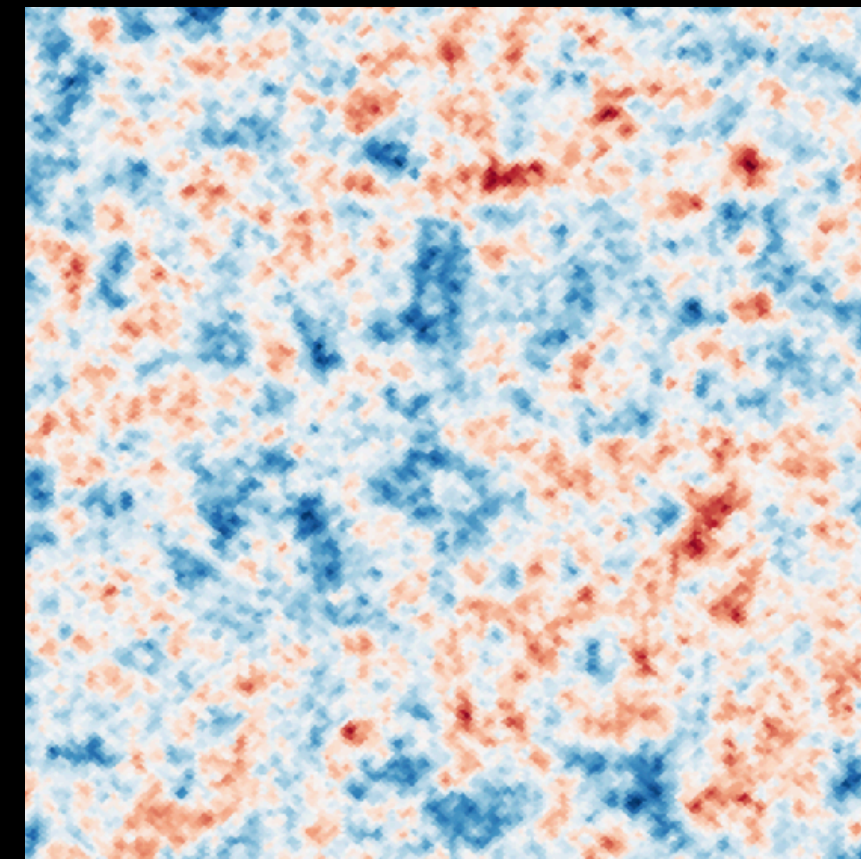
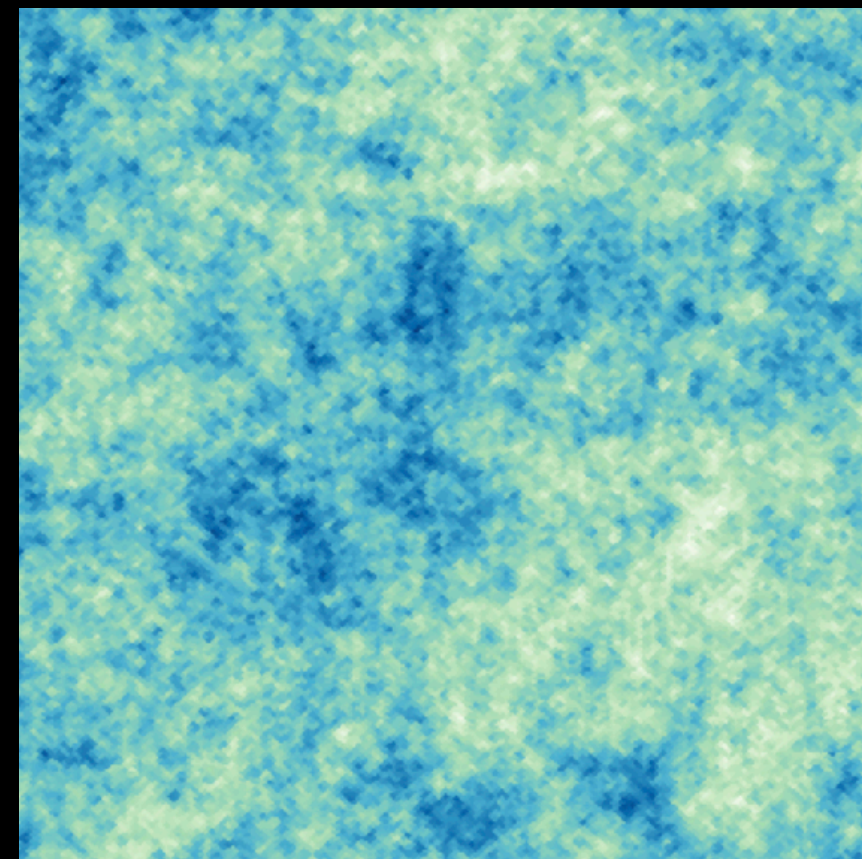
Predict Inflation

*Predict the Cosmic
Microwave Background*

Compare to Data

How many
particles?

How many
interactions?



This is a **particle physics** experiment the size of the **whole Universe**

How to learn about inflation



At Stanford we're learning a lot from the CMB!

The **initial energy** was $\lesssim 10^{26}$ K (200 trillion trillion °F)

Inflation was *probably* controlled by just **one type of particle**

The particles **didn't interact with themselves too strongly**

How can we learn more?

Experiments have improved a lot since 2010

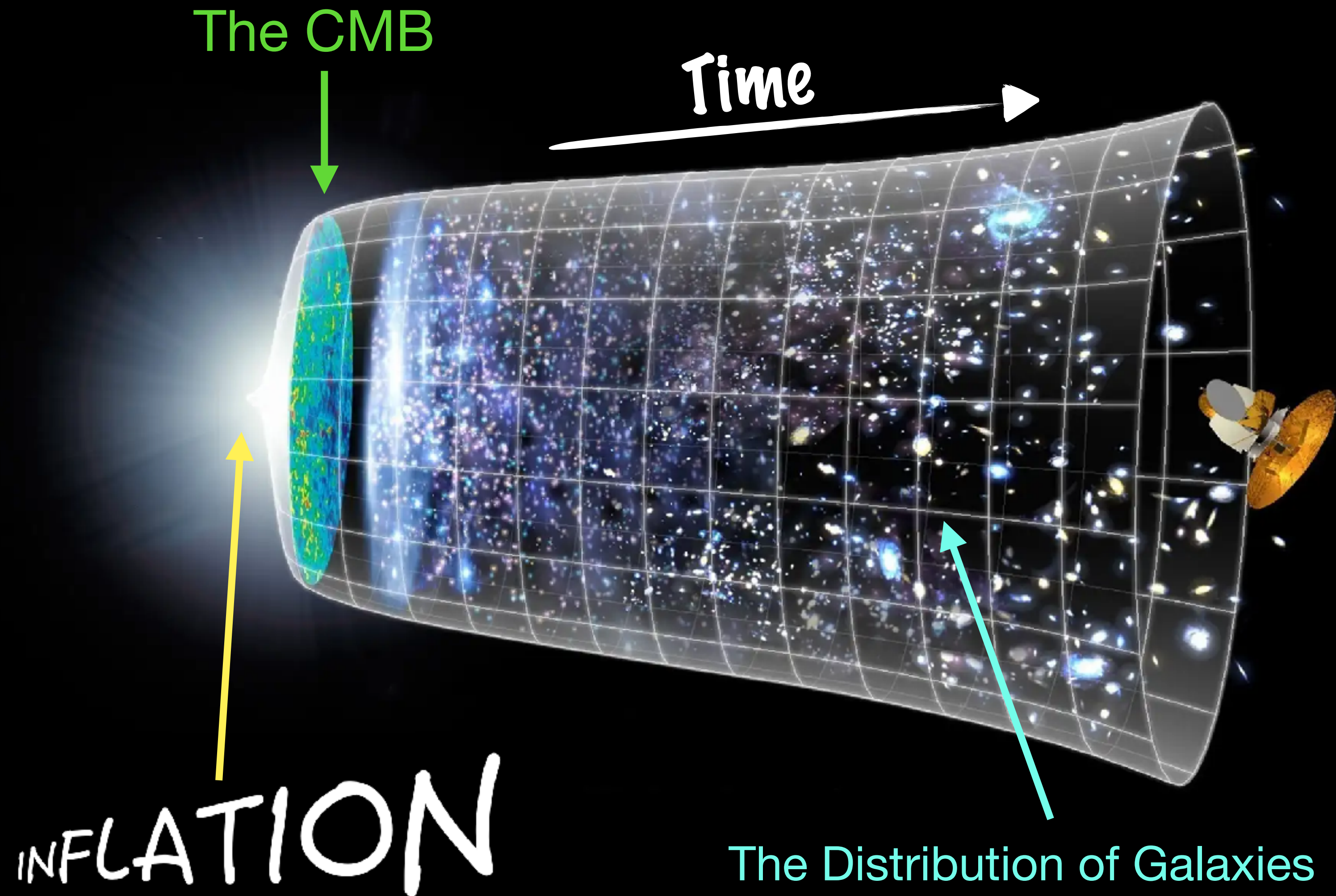
The new experiments go to **small scales** which are **great for astronomy** but **bad for particle physics**

We need a new probe!



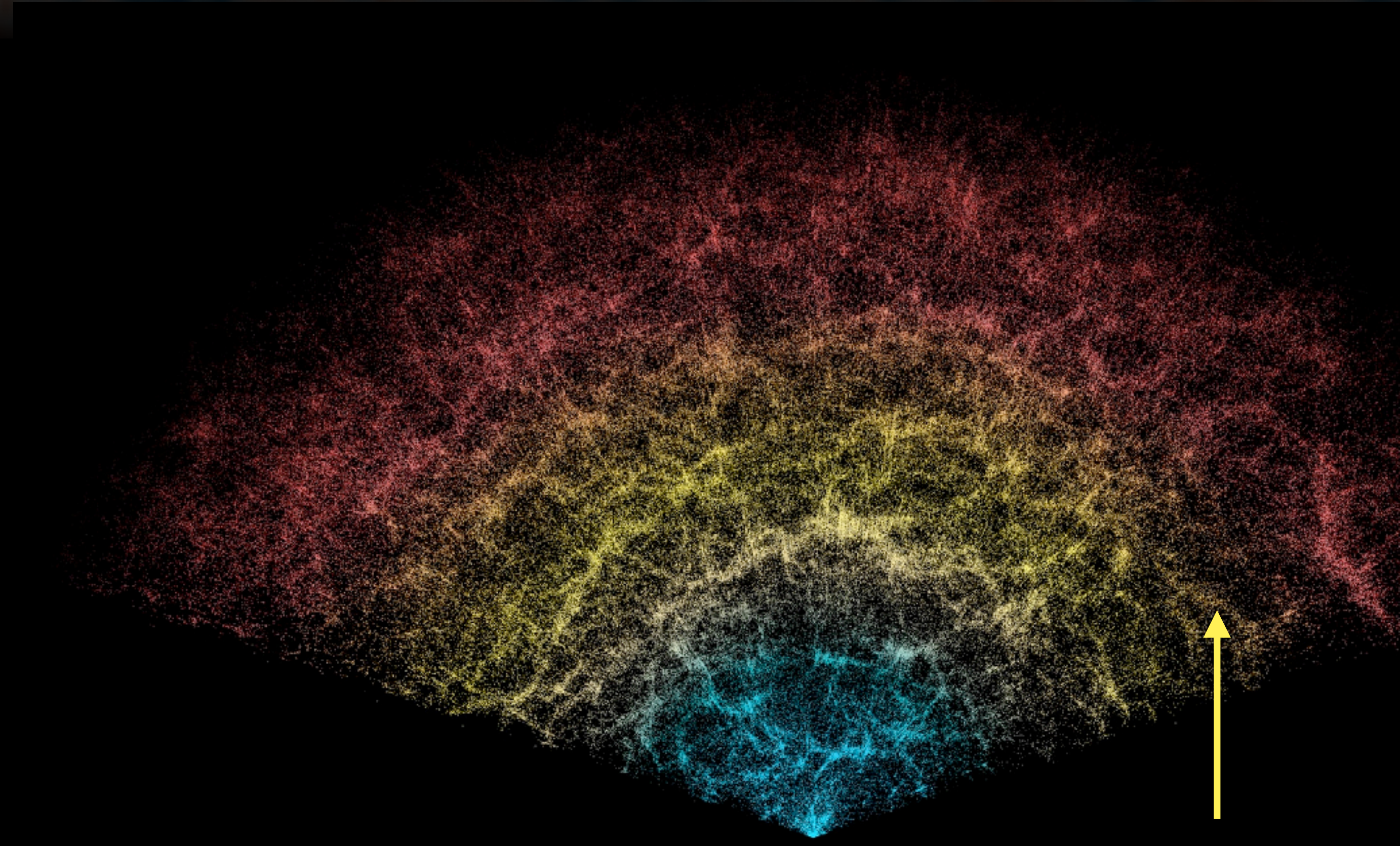
The next-generation inflation experiment

We can **also** probe inflation by looking at the nearby Universe!

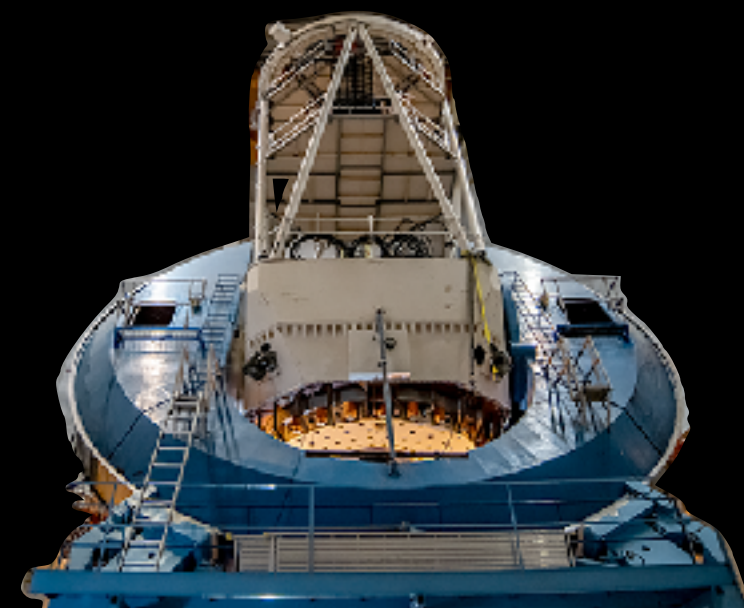


The next-generation inflation experiment

Modern surveys (including **DESI**) map the 3D positions of **millions of galaxies**



Each dot is 1 galaxy!



The next-generation inflation experiment

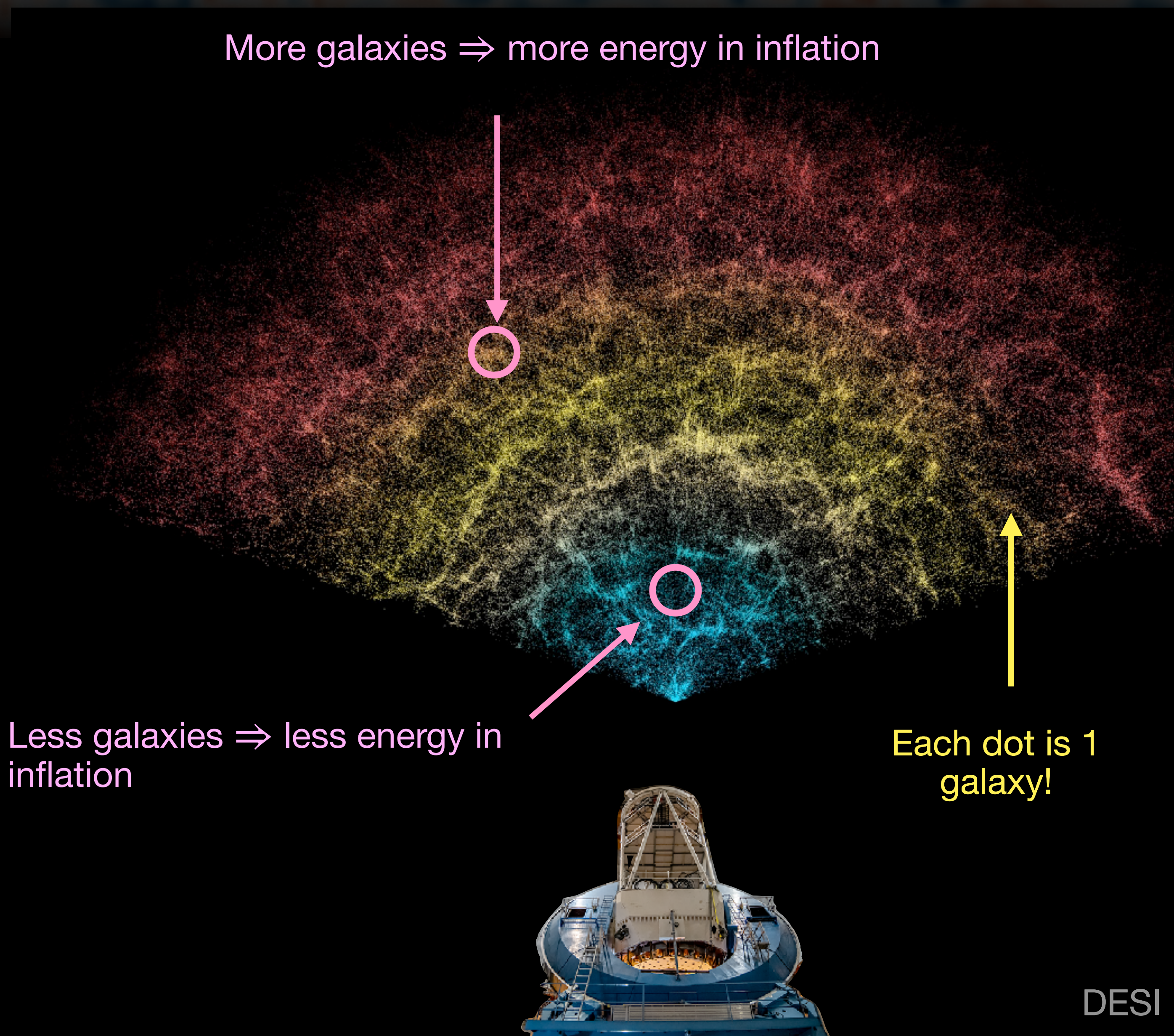
Modern surveys (including **DESI**) map the 3D positions of **millions of galaxies**

The distribution of galaxies tells us about quantum fluctuations in inflation!

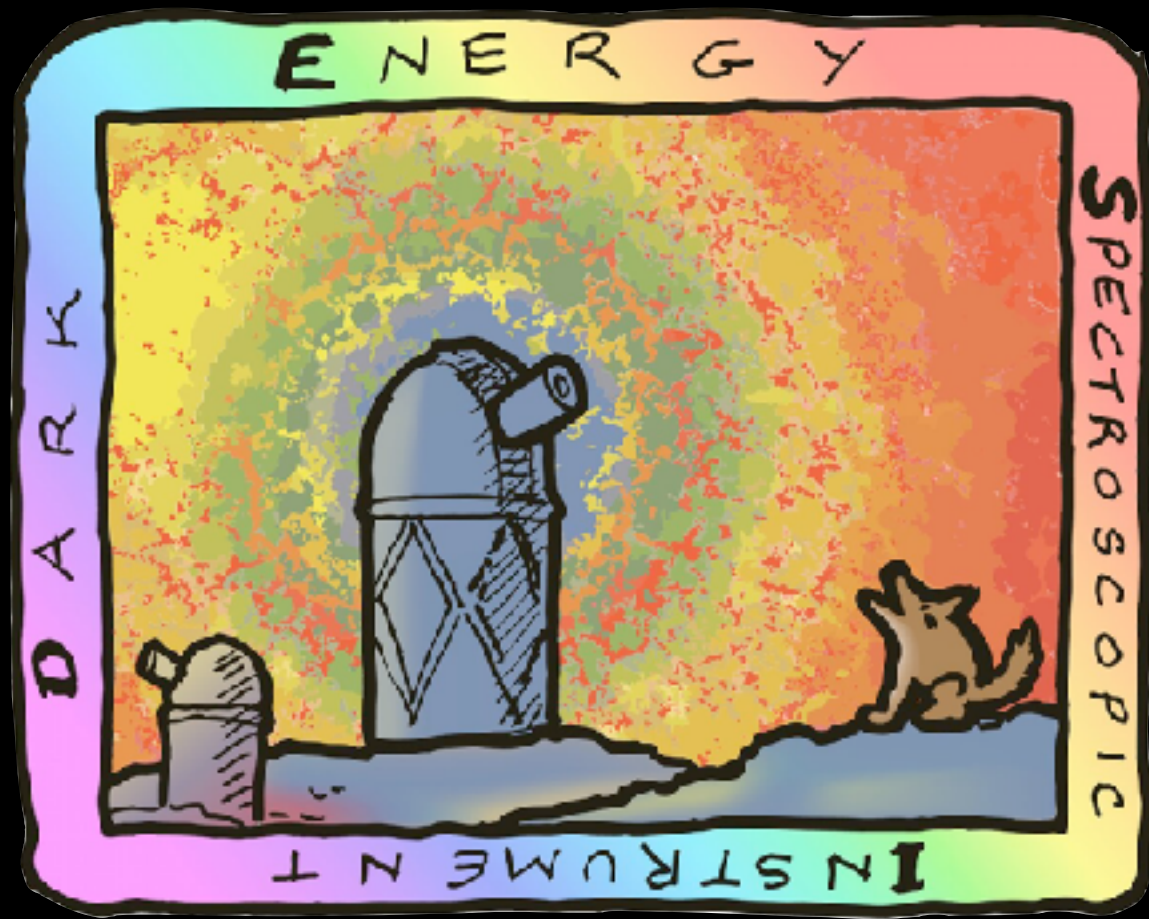
More galaxies \Rightarrow more energy in inflation

Less galaxies \Rightarrow less energy in inflation

Each dot is 1 galaxy!



Collecting this data is a HUGE community effort

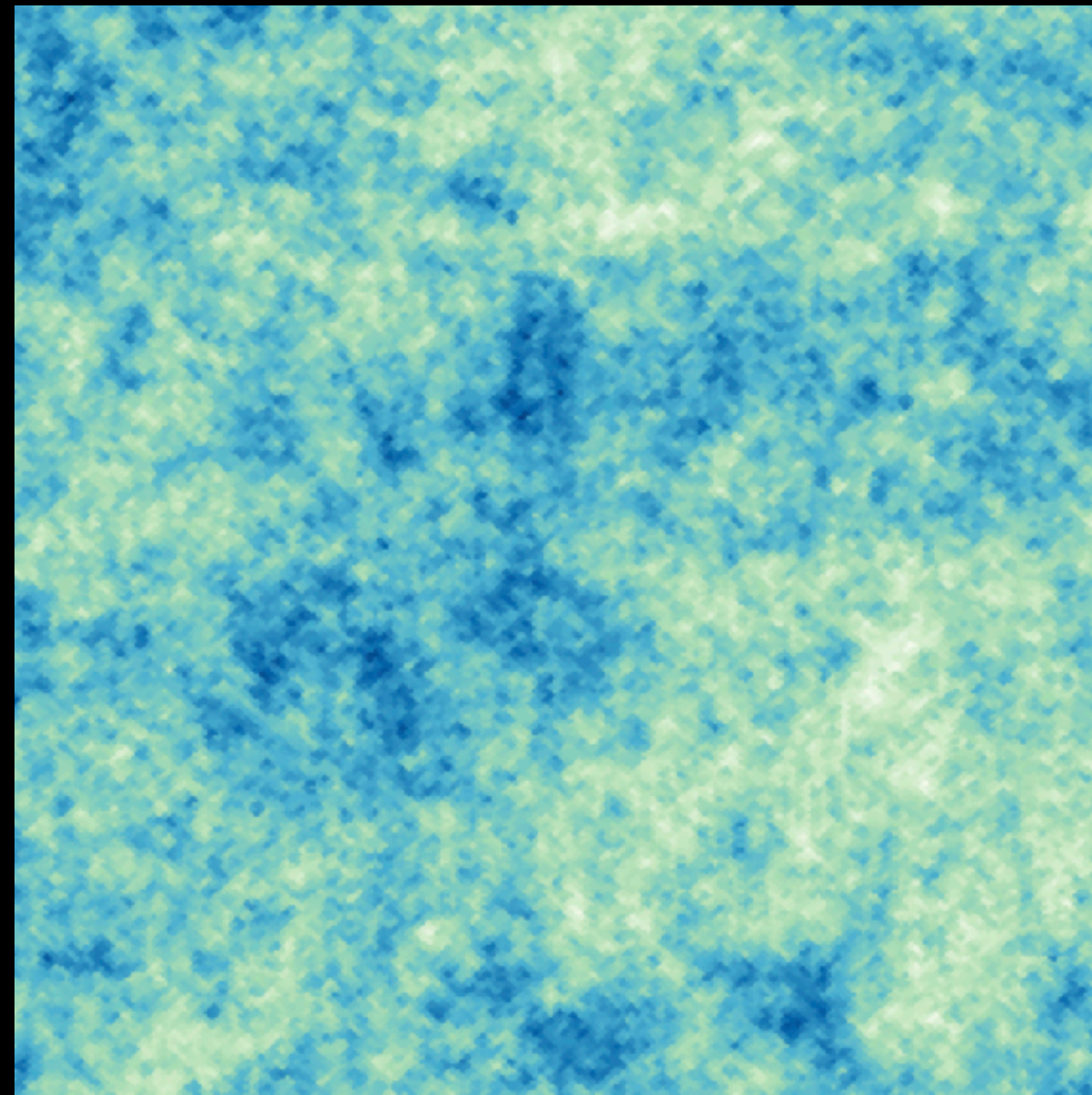
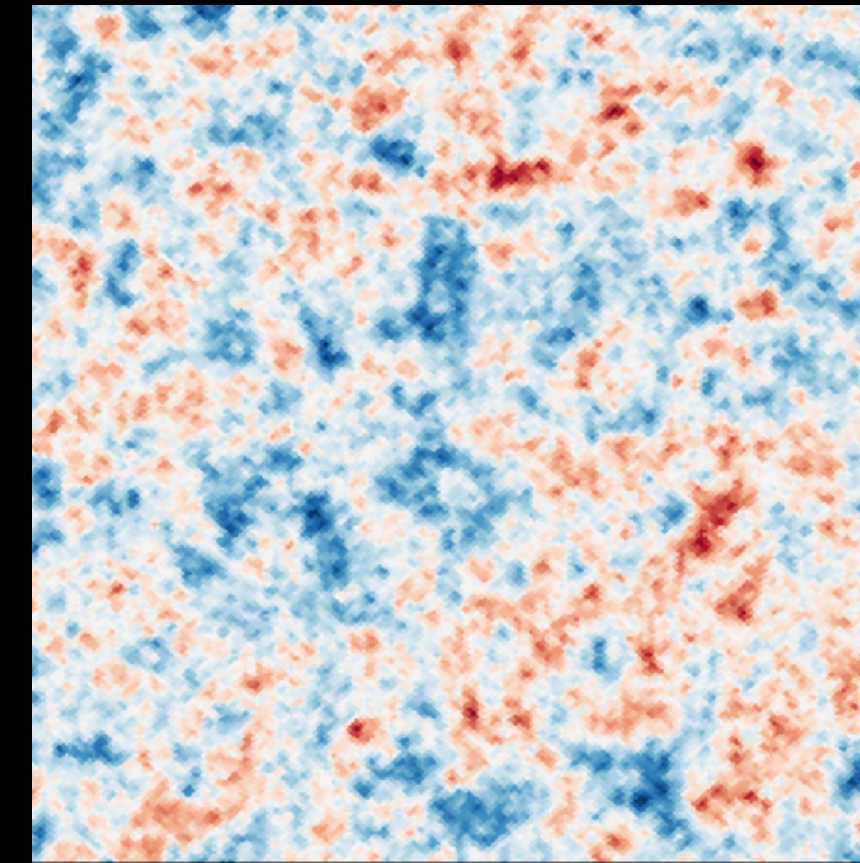


DESI collaboration, December 2025

... and the data has now been publicly released!

Modeling galaxies is challenging...

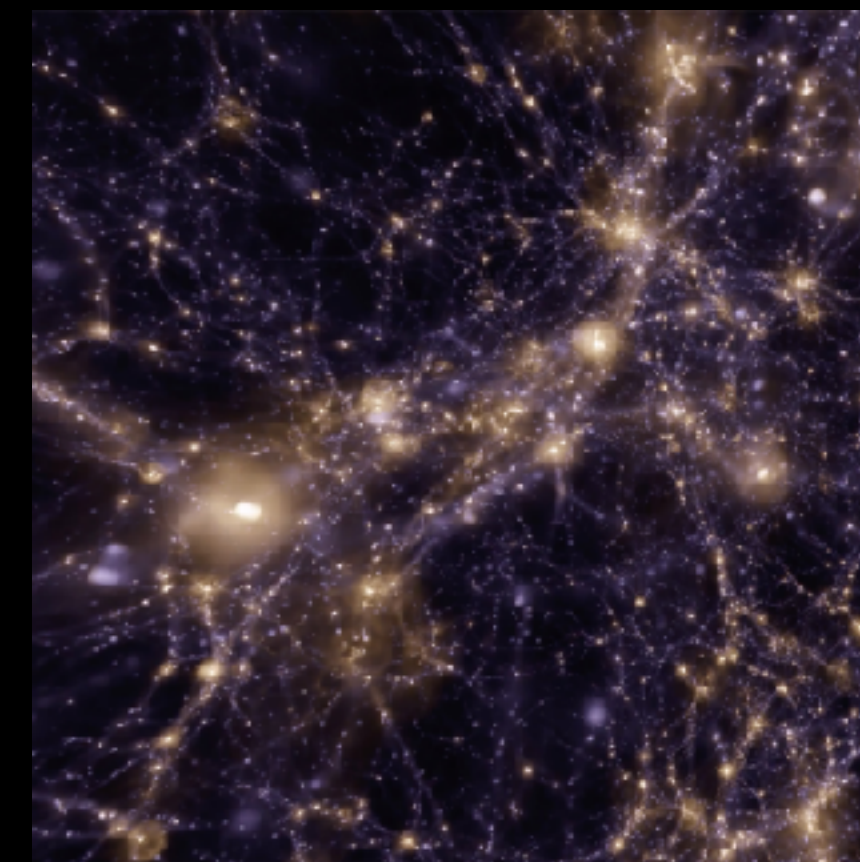
The CMB



Inflation

380 000 years of evolution

10 billion years of evolution



Galaxies

... but possible on large-scales!

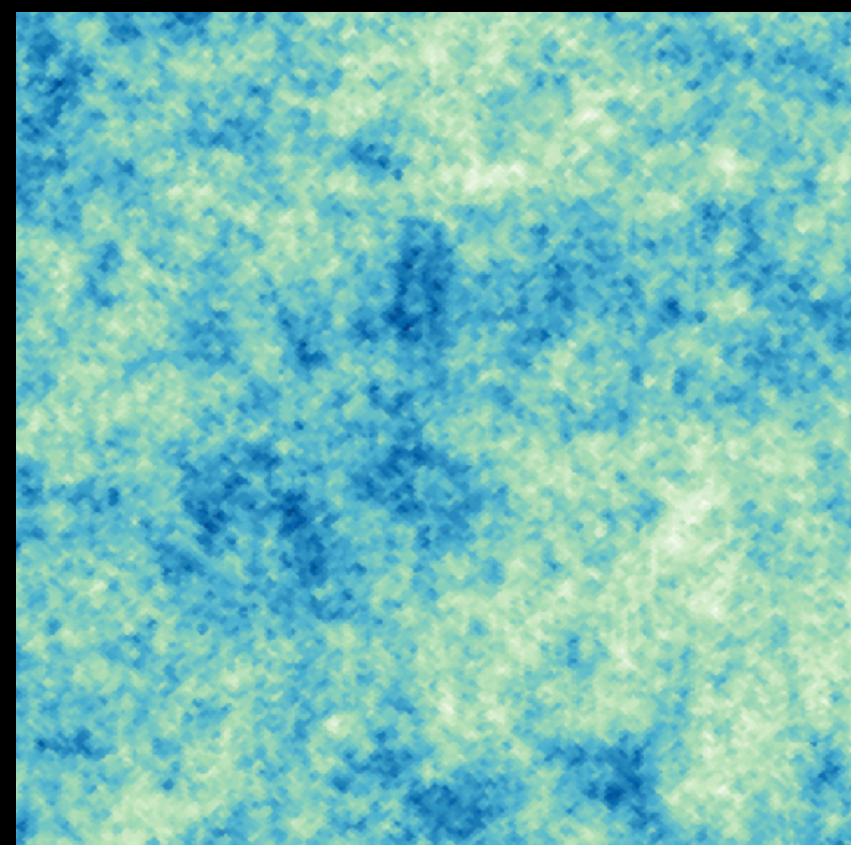
At Stanford, we predict the distribution of galaxies on a blackboard!

$$\rho_{\text{galaxies}} = f[\text{Physics}] \times \text{Inflation} + g[\text{Physics}] \times \text{Inflation}^2 + \dots$$



This can be done **robustly** using tools borrowed from Quantum Field Theory

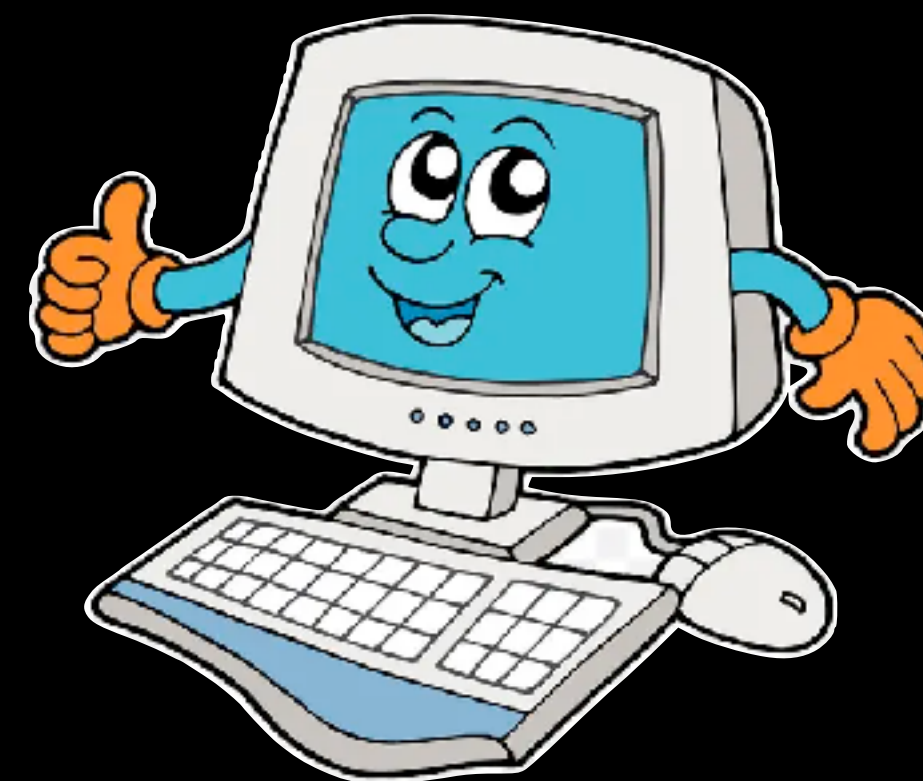
Inflation



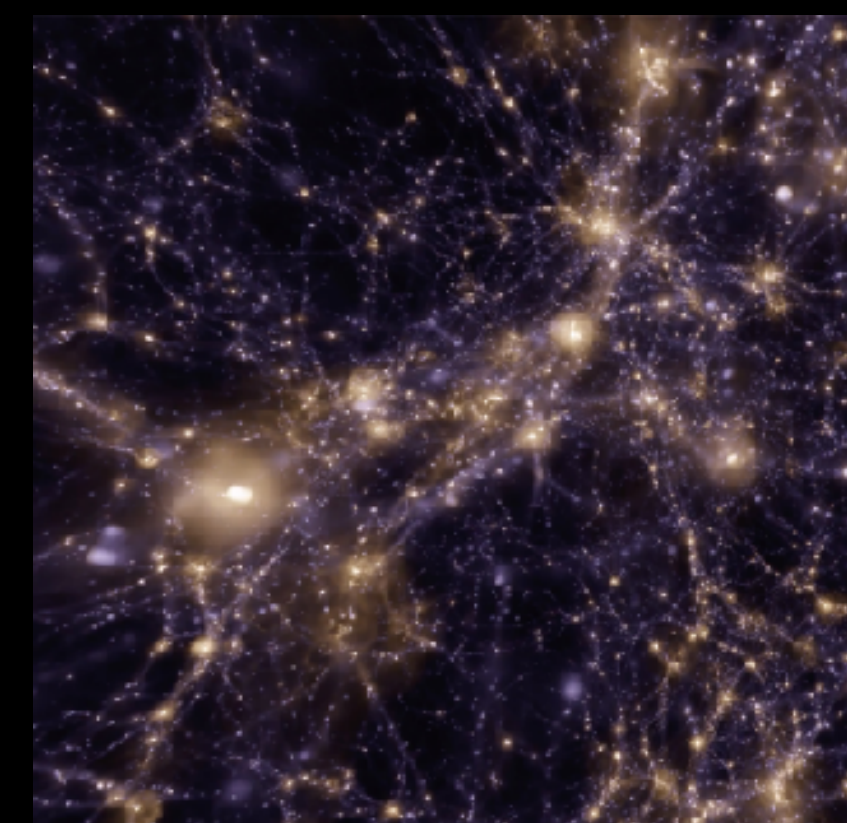
Theory

$$\begin{aligned} Z_1(\mathbf{q}) &= K_1 + f\tilde{f}, & (A.2) \\ Z_2(\mathbf{q}_1, \mathbf{q}_2) &= K_2(\mathbf{q}_1, \mathbf{q}_2) + f\mu_{12}^2 G_2(\mathbf{q}_1, \mathbf{q}_2) - \frac{f\mu_{12}\mu_{12}^2}{2} K_1 \left[\frac{\mu_1}{q_1} + \frac{\mu_2}{q_2} \right] + \frac{(f\mu_{12}\mu_{12}^2)^2}{2} \frac{\mu_1 \mu_2}{q_1 q_2}, \\ Z_3(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3) &= K_3(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3) + f\mu_{12}^2 G_3(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3) \\ &\quad + (f\mu_{12}\mu_{12}^2) \left[\frac{\mu_{12}}{q_2} K_1 G_2(\mathbf{q}_1, \mathbf{q}_2) + \frac{\mu_2}{q_1} K_1(\mathbf{q}_1, \mathbf{q}_2) \right] \\ &\quad + \frac{(f\mu_{12}\mu_{12}^2)^2}{2} \left[2 \frac{\mu_{12}^2 \mu_3}{2\mu_1 q_3} G_2(\mathbf{q}_1, \mathbf{q}_2) + \frac{\mu_1 \mu_2}{q_1 q_2} K_1 \right] + \frac{(f\mu_{12}\mu_{12}^2)^3}{6} \frac{\mu_1 \mu_2 \mu_3}{q_1 q_2 q_3}, \\ Z_4(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3, \mathbf{q}_4) &= K_4(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3, \mathbf{q}_4) + f\mu_{12}^2 G_4(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3, \mathbf{q}_4) \\ &\quad + (f\mu_{12}\mu_{12}^2) \left[\frac{\mu_{12}^2}{q_{23}} K_1 G_3(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3) + \frac{\mu_3}{q_4} K_3(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3) \right. \\ &\quad \left. + \frac{\mu_{12}}{q_{12}} G_2(\mathbf{q}_1, \mathbf{q}_2) K_2(\mathbf{q}_3, \mathbf{q}_4) \right] \\ &\quad + \frac{(f\mu_{12}\mu_{12}^2)^2}{2} \left[2 \frac{\mu_{12} \mu_3}{q_{23} q_4} G_3(\mathbf{q}_1, \mathbf{q}_2, \mathbf{q}_3) + \frac{\mu_{12} \mu_{34}}{q_{12} q_4} G_2(\mathbf{q}_1, \mathbf{q}_2) G_2(\mathbf{q}_3, \mathbf{q}_4) \right. \\ &\quad \left. + 2 \frac{\mu_{12}^2 \mu_4}{q_{12} q_4} K_1 G_2(\mathbf{q}_1, \mathbf{q}_2) + \frac{\mu_3 \mu_4}{q_3 q_4} K_2(\mathbf{q}_3, \mathbf{q}_4) \right] \\ &\quad + \frac{(f\mu_{12}\mu_{12}^2)^3}{6} \left[3 \frac{\mu_{12}^2 \mu_3 \mu_4}{q_{23} q_3 q_4} G_2(\mathbf{q}_1, \mathbf{q}_2) + \frac{\mu_1 \mu_2 \mu_3 \mu_4}{q_1 q_2 q_3} K_1 \right] \\ &\quad + \frac{(f\mu_{12}\mu_{12}^2)^4}{24} \frac{\mu_1 \mu_2 \mu_3 \mu_4}{q_1 q_2 q_3 q_4}, \end{aligned}$$

Computation



Galaxies



How to learn more about inflation

Guess The Laws of Physics

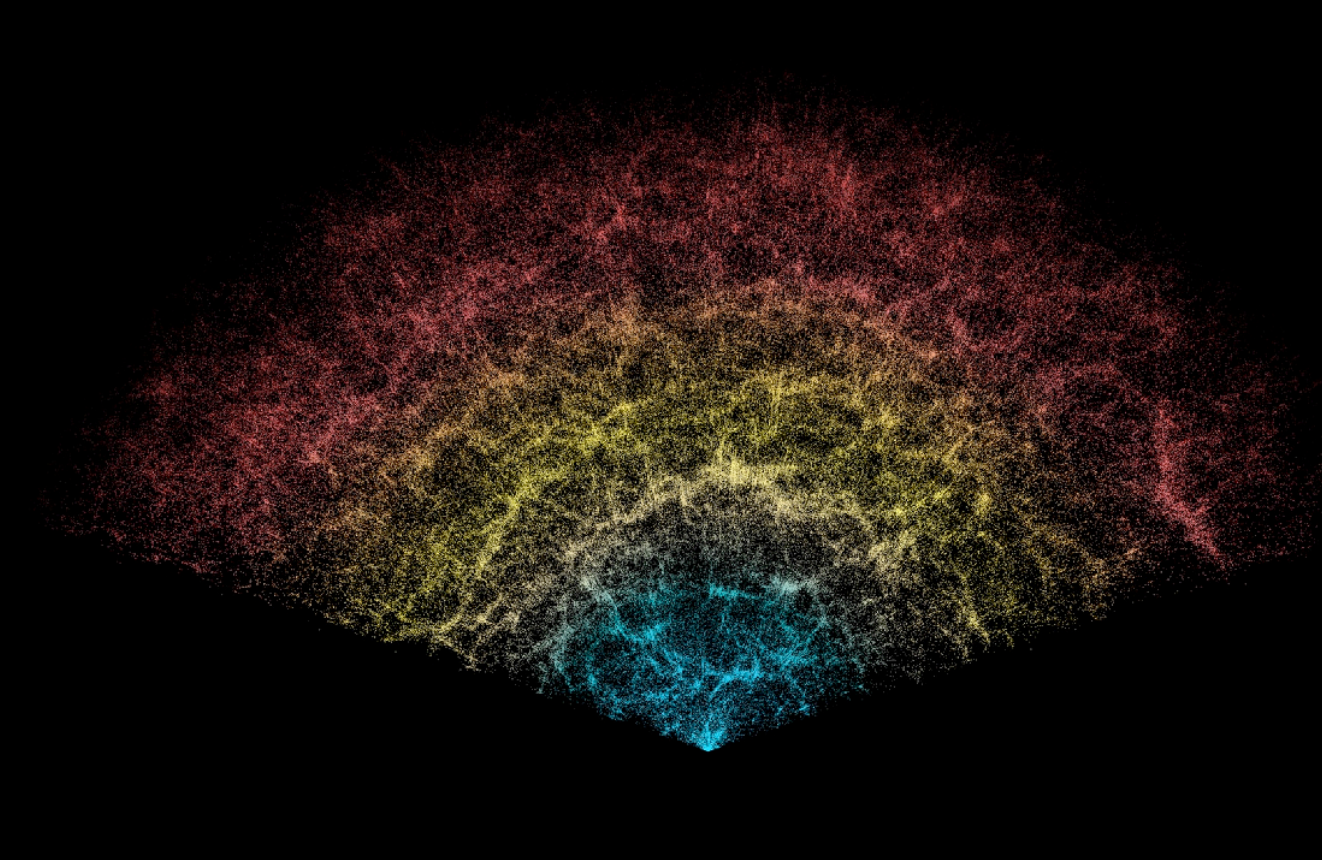
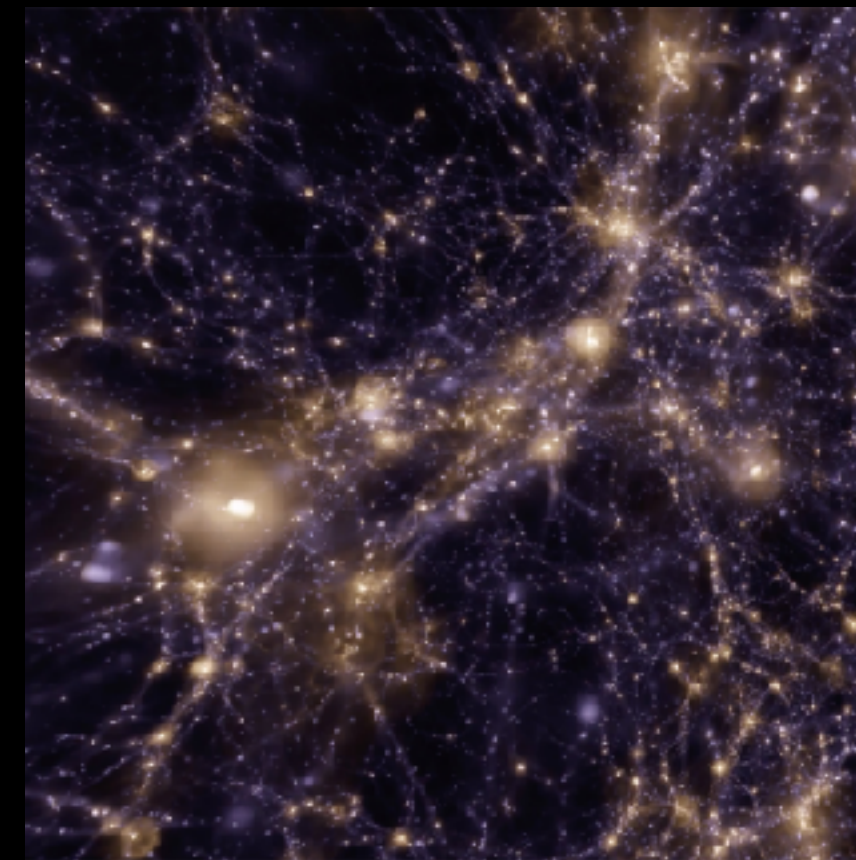
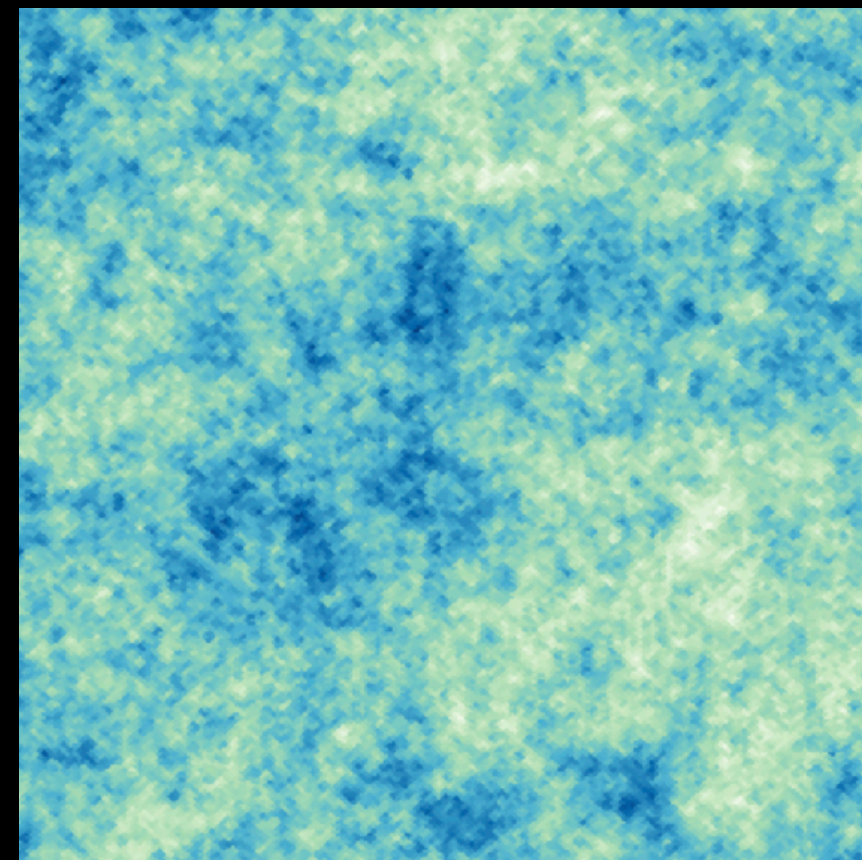
Predict Inflation

*Predict the Distribution of
Galaxies*

Compare to Data

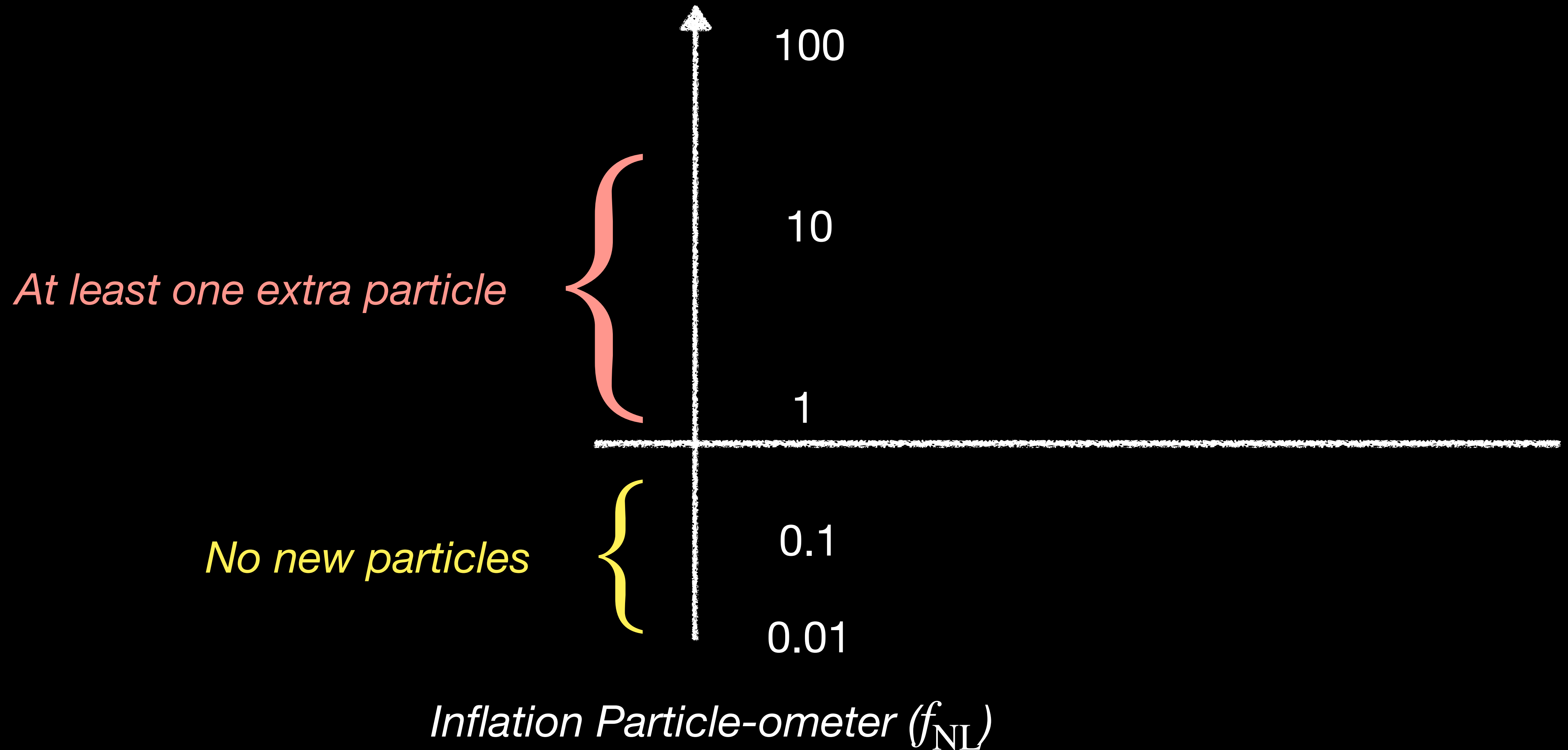
How many
particles?

How many
interactions?

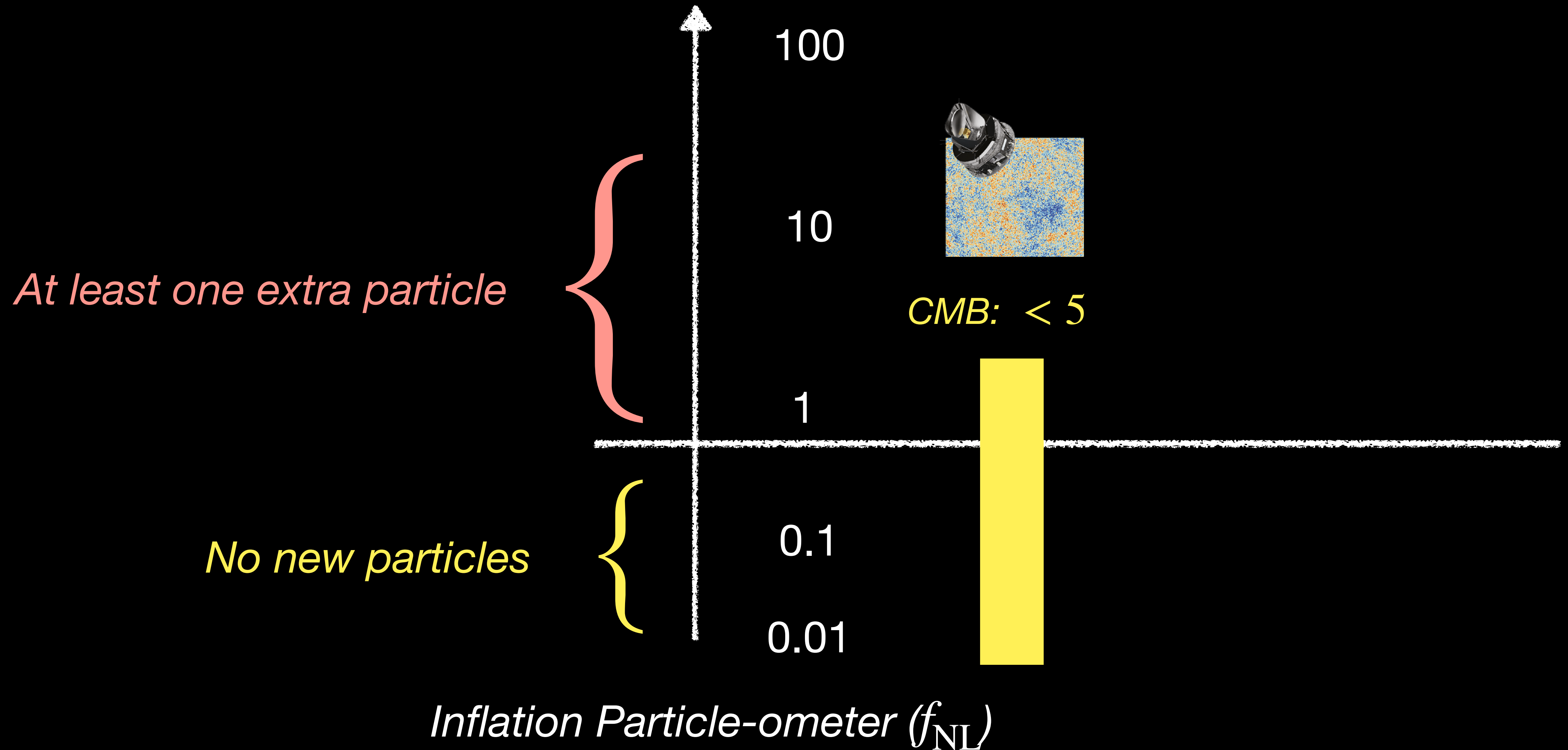


Learning about inflation with galaxies is an **ongoing** and **exciting** program!

How many particles were in inflation?

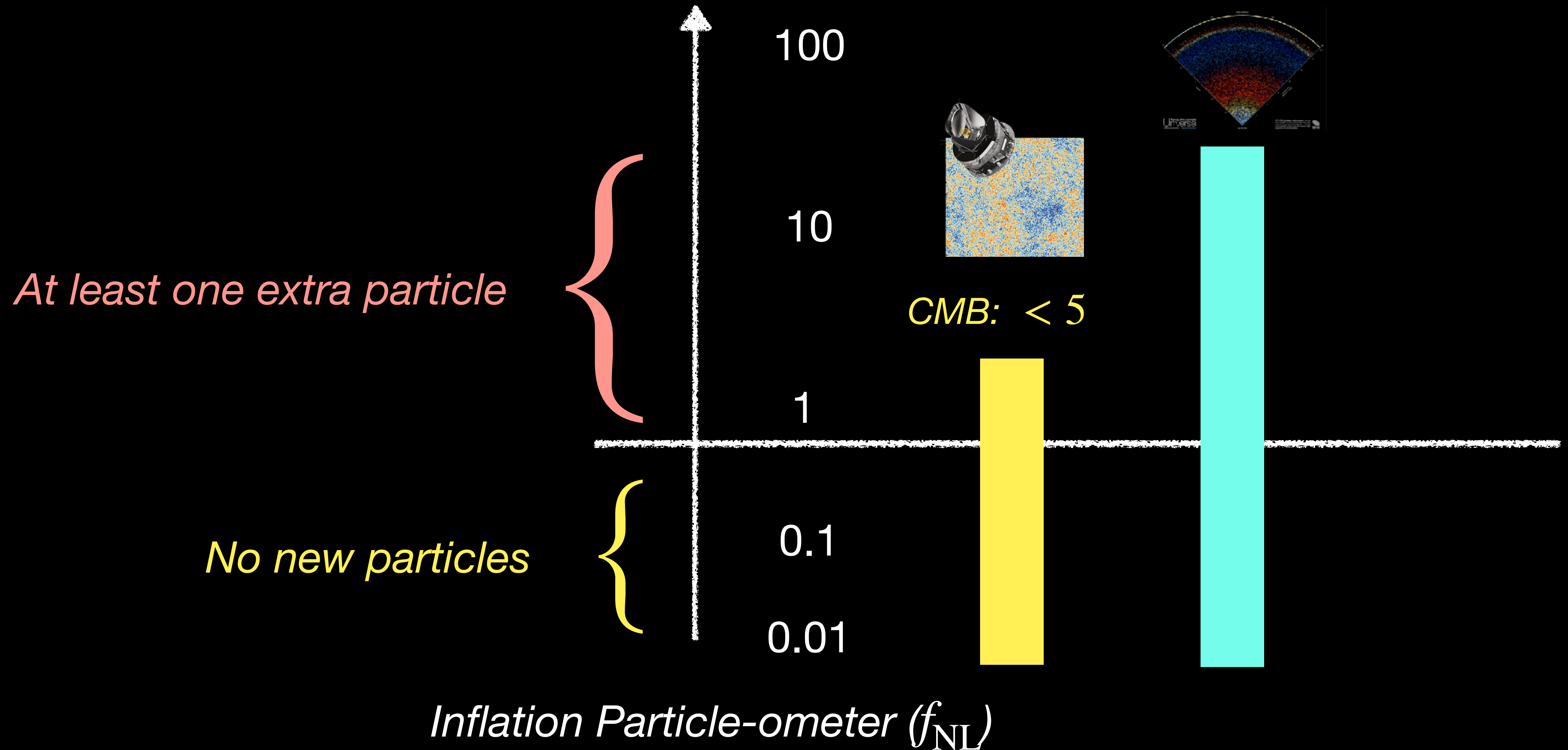


How many particles were in inflation?



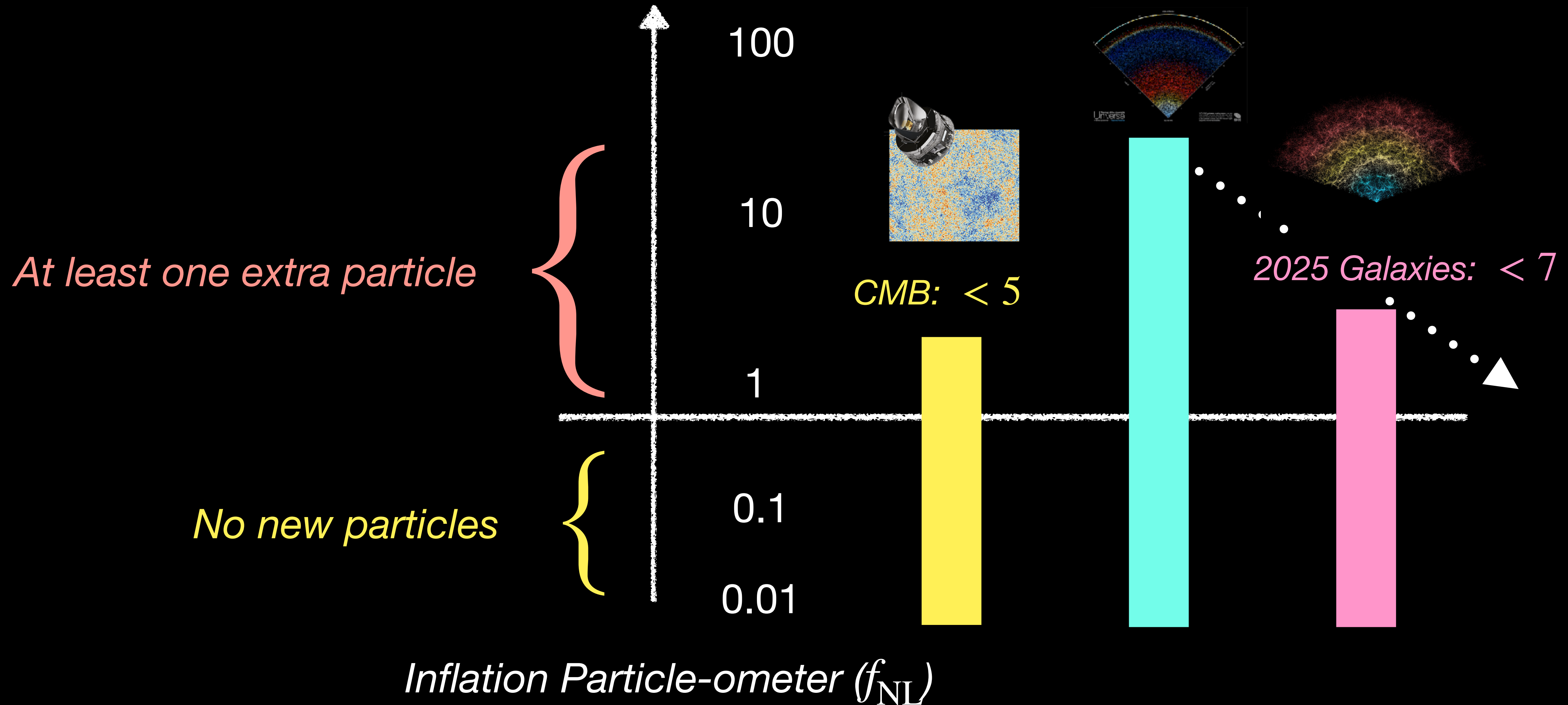
How many particles were in inflation?

2022 Galaxies: < 33



How many particles were in inflation?

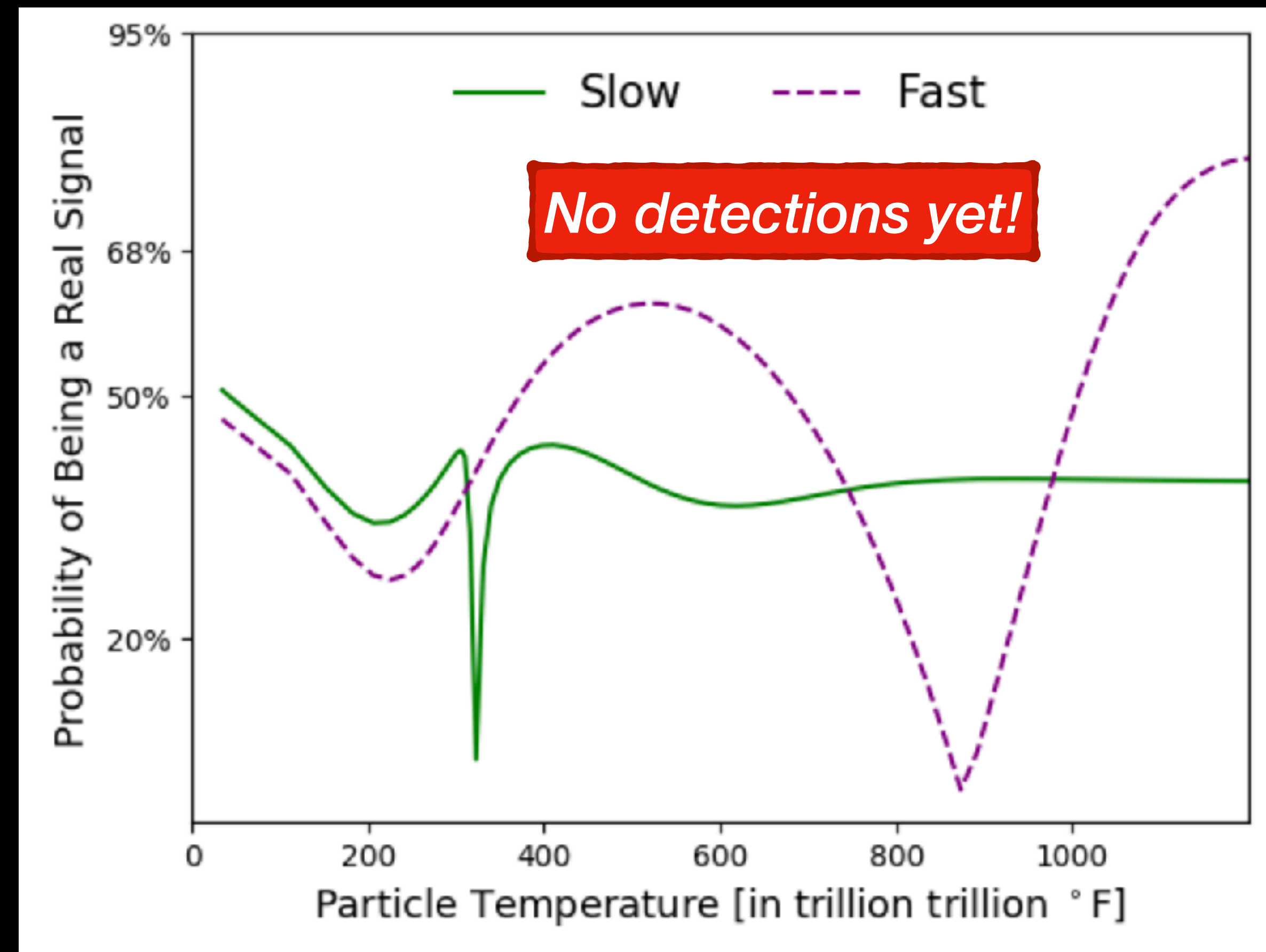
2022 Galaxies: < 33



There's lots more to explore

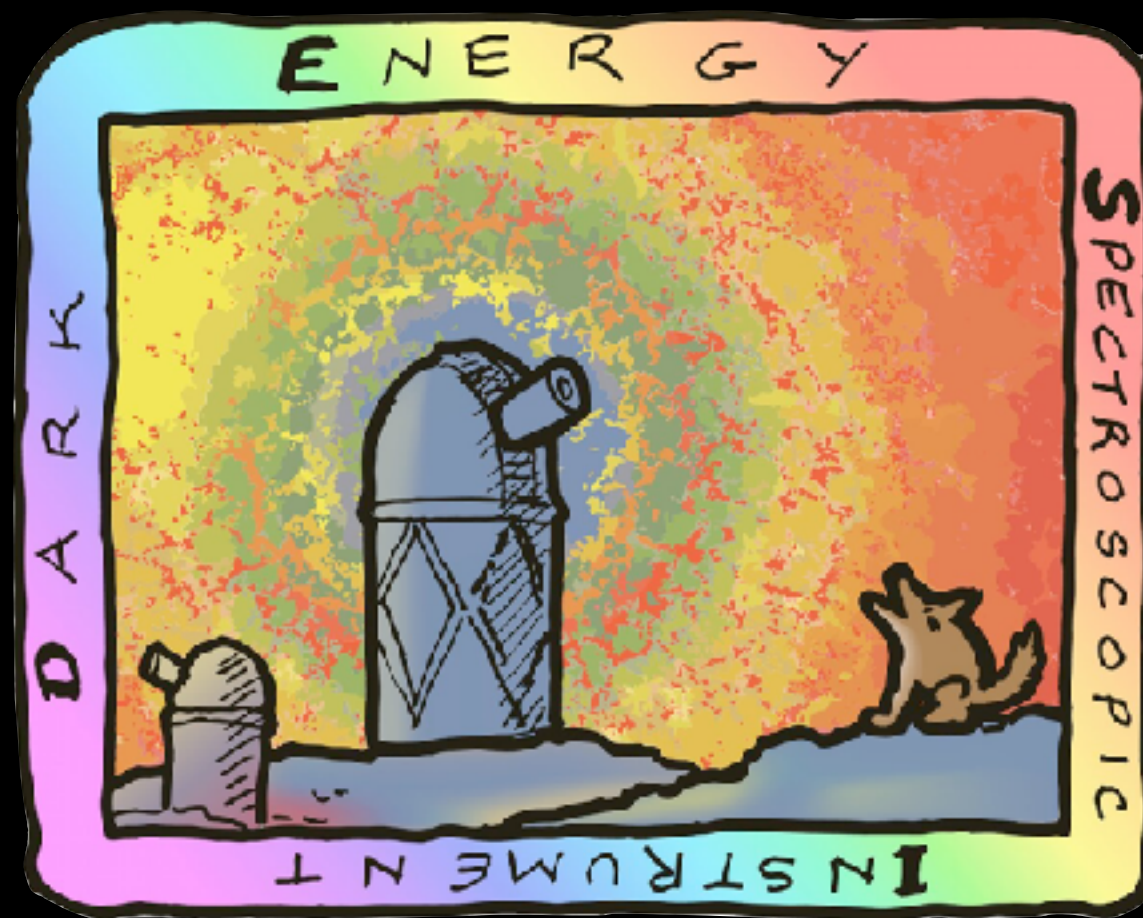
- How strongly did particles *interact*?
- What *mass* did particles have?
- What *spin* did particles have?
- What *speed* did particles have?

State-of-the-art measurements from the CMB at Stanford!



Bigger surveys are on the way...

DESI (2021—2029)



40 million galaxies!

Looking back ~6 billion years

Euclid (2024—2030)



30 million galaxies!

Looking back ~9 billion years

Spec-S5 (2030s?)



> 100 million galaxies!

Looking back ~12 billion years

Stay tuned for new results!

Also: Rubin, Roman, SphereX, CSST...

Summary

- **Inflation** explains our observations of the **Cosmic Microwave Background**
- Studying inflation allows us to probe **particle physics** at huge energies
- By combining **theory** and **data**, we can use **galaxy surveys** to learn about the earliest moments of the Universe!

More Questions?
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DISCOVER OUR UNIVERSE

Echoes from the Beginning:

How Galaxies Encode the Early Universe

Prof. Oliver Philcox
(Stanford/KIPAC)

Wednesday, February 11 | 7-8pm PST

Science Teaching and Learning Center 111 & YouTube

For more information and registration, visit kipac.stanford.edu/discover

Image credit:
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KPNO/NOIRLab/NSF/AURA/P. Hrátek/R. Proctor